



5USA129534 - Lingen x 11 - Travel Itinerary

Jun 23, 2026 - Jul 6, 2026

Prepared For: samantha.thompson@fora.travel

Trip Summary

June 23 - Tuesday

Arrival day

Own Transfer Arrangements

Driving Iceland - Practical Tips for the Road

Today's journey - Keflavík to Reykjavík

Kvosin Downtown Hotel - Junior Suite including Breakfast - Kvosin Downtown Hotel, Junior Suite including Breakfast

Kvosin Downtown Hotel - Deluxe Room including Breakfast - Kvosin Downtown Hotel, Deluxe Room including breakfast

Kvosin Downtown Hotel - Standard Room including Breakfast - Kvosin Downtown Hotel, Standard Room including Breakfast

Private Guided Food Walk with sightseeing - Private Guided Food Walk with sightseeing

June 24 - Wednesday

Whale Watching Reykjavik (Classic) - Small Group - Whale Watching Reykjavik - Small Group, Special Tours Wildlife Adventures, Ticket Whale Watching 24 June 5USA129534.pdf

June 25 - Thursday

Today's journey - Reykjavík to Hvolsvöllur (via the Golden Circle)

Seljalandsfoss Horizons - Luxury Lodge with Breakfast (2-bedroom Cottage) - Seljalandsfoss Horizons, Luxury Lodge with Breakfast

Seljalandsfoss Horizons - Studio apartment including breakfast - Seljalandsfoss Horizons, Studio apartment including breakfast

June 26 - Friday

Today's journey - Hvolsvöllur to Vík

Classic Lava Show in Vík - Small Group - Classic Lava Show in Vík - Small Group, Icelandic Lava Show, Ticket Lava Show 26 June 5USA129534.pdf

The Ice cave in Katla - Meet at Vík - The Ice cave in Katla - Meet at Vík, Southcoast Adventures meeting point, Ticket Katla Ice Cave 26 June 5USA129534.pdf

Hótel Vík í Mýrdal - Superior Family Room including Breakfast - Hótel Vík í Mýrdal, Superior Family Room including Breakfast

Hótel Vík í Mýrdal - Triple Room including Breakfast - Hótel Vík í Mýrdal, Triple room including breakfast

Hótel Vík í Mýrdal - Superior Room including Breakfast - Hótel Vík í Mýrdal, Superior room including breakfast

June 27 - Saturday

Today's journey - Vík to Skaftafell

Fosshotel Glacier Lagoon - Triple Room including Breakfast - Fosshotel Glacier Lagoon, Triple Room including Breakfast

Fosshotel Glacier Lagoon - Family Deluxe Room including Breakfast - Fosshotel Glacier Lagoon, Family Deluxe Room including Breakfast

Fosshotel Glacier Lagoon - Oceanview Room including Breakfast - Fosshotel Glacier Lagoon, Oceanview Room including Breakfast

June 28 - Sunday

Today's journey - Skaftafell to Hvolsvöllur

Glacier Lagoon Amphibian Boat Tour - Glacier Lagoon Amphibian Boat Tour

Seljalandsfoss Horizons - Luxury Lodge with Breakfast (2-bedroom Cottage) - Seljalandsfoss Horizons, Luxury Lodge with Breakfast

Seljalandsfoss Horizons - Studio apartment including breakfast - Seljalandsfoss Horizons, Studio apartment including breakfast

June 29 - Monday

Today's journey - Hvolsvöllur to Grindavík

Raufarholshellir Lava Tunnel - Meet on Location - Small Group - Raufarholshellir Lava Tunnel - Meet on Location - Small Group, Ticket Lava Tunnel 29 June 5USA129534.pdf, Raufarholshellir

Northern Light Inn - Family room including breakfast - Northern Light Inn, Family room including breakfast

Northern Light Inn - Standard Triple room including breakfast - Northern Light Inn, Standard Triple room including breakfast

Northern Light Inn - Superior room including breakfast - Northern Light Inn, Superior room including breakfast

Shuttle one way Hotel to Blue Lagoon - Shuttle one way hotel Blue Lagoon

Blue Lagoon - comfort - Blue Lagoon - comfort, Ticket Blue Lagoon 29 June 5USA129534.pdf

June 30 - Tuesday

Today's journey - Grindavík to Keflavík

Own Flight Arrangements

Private Transfer Oslo Gardermoen Airport to City - Private transfer Oslo Gardermoen Airport to City

Clarion Hotel The Hub - Family Room incl. breakfast - Clarion Hotel The Hub, Family Room incl. breakfast

Clarion Hotel The Hub - Superior Double room incl. breakfast - Clarion Hotel The Hub, Superior Double room incl. breakfast

July 1 - Wednesday

Silent Oslo Fjord Cruise - Small Group - Silent Oslo Fjord Cruise - Small Group, Start Location, Ticket Silent Oslo Fjord Cruise 1 July.pdf

July 2 - Thursday

Luggage transport Oslo - Bergen - Luggage transport Oslo - Bergen, Porter service luggage tag.pdf

Norway in a Nutshell - Oslo to Bergen - Norway in a Nutshell - Oslo to Bergen, TICKET 02 JUL NiN OSL - BGO 5USA129534.pdf, Oslo S

Transfer from Flåm to Aurland - Transfer from Flåm to Aurland

Wangen Apartments - 1-Bedroom Fjord View Apartment w/ Balcony - Fjordresort - Wangen Apartments, 1-Bedroom Fjord View Apartment w/ Balcony

Wangen Apartments - Studio Fjord View Apartment with Balcony - Fjordresort - Wangen Apartments, Studio Fjord View Apartment with Balcony

July 3 - Friday

Private Transfer

Floating Sauna in Aurland - Private - Floating Sauna in Aurland - Private, TICKET Aurland Sauna 03JUL 5USA129534.pdf, FjordSauna AURLAND

July 4 - Saturday

Transfer from Aurland to Flåm - Transfer from Aurland to Flåm

Nutshell Journey Part 2

Private Transfer Bergen Station/Pier to Hotel - Private transfer Bergen station/pier to hotel

Clarion Hotel Admiral - Family Room including Breakfast - Clarion Hotel Admiral, Family Room including Breakfast

Clarion Hotel Admiral - Superior Double Room including Breakfast - Clarion Hotel Admiral, Superior Double Room including Breakfast

July 5 - Sunday

Discover Bergen - 3h Private City Tour - Discover Bergen - 3h Private City Tour

July 6 - Monday

Private Transfer City to Bergen Airport - Private transfer city to Bergen Airport
Departure day

Information & Documents



Traveller Details

Adam Sankey:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Michael Erickson:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Rhonda Lingen:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Emily Sankey:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Jeffrey Lingen:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Tracy Lingen:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Katherine Erickson:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Kellen Lingen:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Audrey Sankey:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Eva Sankey:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Rylan Erickson:

Dietary Requirements: None

Medical Requirements: None

Physical Limitations: None

Booking #: 5USA129534

Agent: Fora Travel Inc.

Assistance Before Your Trip



Contacts Before Departure

Please refer to the following links for practical travel information and tips:

- Practical Destination Info <https://fiftydegreesnorth.com/travel-documents>, including packing lists and city guides with restaurant recommendations
- FAQ page <https://fiftydegreesnorth.com/faq> for further tips

If you have any questions about anything before your trip, please contact your Travel Agent.

Assistance During Your Trip



Emergency Contacts During Travel

Who to Contact While Travelling:

Local emergency number: call 112 in a life-threatening emergency.

Call our 24/7 number +47 21 04 0101 (voice only) for urgent assistance with your itinerary (flight delays, rescheduling services).

Contact the hotel's reception for assistance with your hotel room or booking activities.

Email our Sales and Admin Teams for any non-urgent matters (only monitored during local office hours).

50 Degrees North Emergency Support Team:

Emergency contacts – Norway: +47 21 04 01 01 (voice only)

Please note, emails are not monitored outside of business hours.

In an urgent matter, please call the number above. Our team is available 24/7 and happy to assist.

In the itinerary below you will also have important direct contact numbers for our guides, transfers and hotels. Please only use these to notify the service providers if you are running late or you cannot find your guide/driver. You will not be able to make any changes to your dates/timings by contacting the service providers directly. Please contact our Sales and Admin Teams for changes and we will do our best to assist. Note that change fees may be applicable in accordance with our terms and conditions.



Additional Information



Additional Information

All our tour prices include the following:

- Itineraries designed by Nordic Destination Specialists
- 24/7 Emergency Support
- All government taxes and fees

IMPORTANT NOTE: Weather conditions may occasionally affect certain activities, and as a result, the schedule may be adjusted to ensure the best possible experience for all guests.

Reviews:

Have a wonderful trip! Please share your best moments with our travelling community via Facebook <https://www.facebook.com/50degreesnorth> / Instagram <https://www.instagram.com/50degreesnorth>. And after you have returned home safely, we would appreciate it if you took some time to review our service on (Facebook <https://www.facebook.com/50degreesnorth> / Google <https://g.page/r/Cf-8MCje0PhpEAl/review>). Your feedback is important to us.

Your travel documents:

If you have any questions regarding the documents, please contact the Destination Specialist who booked the tour for you – they will be happy to go through the travel documents with you.

Before Travel:

Please ensure you have a working international phone plan for emergencies.

Make sure we have your flight information, dietary restrictions, or medical requirements.

Please feel free to access our Practical Destination Info <https://fiftydegreesnorth.com/travel-documents>, including packing lists and city guides.

Kindly visit our FAQ page <https://fiftydegreesnorth.com/faq> for further tips.

Note on Vouchers:

You only need a voucher if you have been given a voucher with your travel documents. We recommend printing this just in case and presenting it before the tour starts.

Terms & Conditions:

All arrangements are subject to our booking terms & conditions, which can be found on: www.fiftydegreesnorth.com/booking-conditions

Visa & Documentation Responsibility:

It is your responsibility to ensure that you have the appropriate documentation, including visas. We are happy to assist you in determining visa requirements wherever possible. For details see: www.fiftydegreesnorth.com/visas

Travel Safe:

Travel Insurance is strongly recommended. Please ensure that you hold an adequate travel insurance policy. For more information on safe travel, please visit: www.fiftydegreesnorth.com/travel-safe

Vaccinations:

It is your responsibility to have appropriate vaccinations for your travel destination. Please contact your nearest vaccination clinic or your family physician for advice.

50 Degrees North & Sustainability:

We are a certified B Corp; committed to ethical practices, sustainability, and reducing emissions through our Climate Action Plan. Learn more: www.fiftydegreesnorth.com/sustainable-tourism

June 23 - Tuesday



Arrival day

Flight FI680 from Seattle arriving at Keflavik airport at 06:15 (not arranged by 50 Degrees North)



Own Transfer Arrangements

Start Date: 23 June 2026

Start Location: Keflavik airport

End Date: 30 June 2026

End Location: Keflavik airport

Pick up Rental car (rented by client directly)



Driving Iceland - Practical Tips for the Road

Iceland is exceptionally well suited to a self-drive holiday, even if you're not used to driving on the right-hand side of the road. Distances between highlights are manageable, signage is clear, and once you leave Reykjavík, traffic is typically light - even during peak season. With the exception of a few smaller access roads, driving is generally straightforward and relaxed.

A self-drive itinerary offers the perfect balance of structure and freedom. Your route and accommodation are arranged in advance, with realistic daily driving times and easy navigation, while still allowing you to travel at your own pace. Stop at scenic viewpoints, explore quieter roads, or spend longer at places that interest you - just remember to only stop in designated parking or stopping areas and avoid pulling over in unsafe or random locations that could create a risk for you or other road users.

Main roads between Iceland's key sights are well maintained and designed for comfortable touring. Some popular waterfalls and natural viewpoints now charge small parking fees, which are well signposted and easily managed along the way. In rural areas, you may occasionally encounter one-way bridges, particularly in the countryside. These are clearly marked in advance, visibility is generally good, and standard practice is to yield to oncoming traffic that enters the bridge first. Traffic volumes are low, so crossings are typically calm and easy to manage.

In more remote areas, roads can become narrower, unsealed, or more exposed - particularly on Iceland's seasonal **F-roads**, which lead into the highlands and require an **F-road-approved vehicle**. If you've expressed interest in driving F-roads, this is always factored into your quote, and your car hire company will provide a driving map clearly showing which routes are designated as F-roads.

Weather is always a consideration in Iceland, which is why we offer self-drive itineraries exclusively between **May and September**. During these months, road access is at its best, conditions are more stable, and daylight hours are long - creating the safest and most enjoyable environment for independent travel.

Note:

- For up-to-date road and driving conditions, check <https://umferdin.is/en>
- For general driving information - particularly if you're planning to travel on more remote mountain routes (F-roads) - refer to <https://www.vegagerdin.is/en>

Route & Stops Flexibility - The routes and stops listed are suggestions only. You're free to stop at all, some, or skip any along the way, and to add extra stops based on your interests, timing, and local conditions. Always check current road and weather conditions, and note that exact driving distances and durations can vary depending on your chosen route and stops.

Opening hours & conditions - Opening hours for attractions, cafés, and services can vary by season and day, so we recommend checking locally or online on the day of travel.

Natural conditions - Natural sights are weather- and condition-dependent; water levels, accessibility, and visual impact can change significantly based on recent rain, snowmelt, wind, or ice.



Today's journey - Keflavík to Reykjavík

11:00 Reykjavik Food Walk

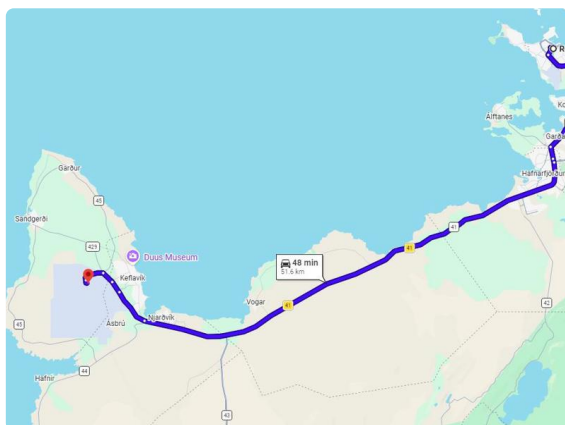
Today's journey takes you from **Keflavik International Airport** into Reykjavík. The total driving distance is approximately **50-100 km (31-62 mi)**, depending on your chosen stops along the way.

Recommended stops include:

- **Viking World Museum (near Keflavík)** - Easy add-on close to the airport
- **Blue Lagoon (if time permits)** - Pre-booking recommended in summer
- **Reykjanes coastal viewpoints** - Short scenic stops on lava coastlines
- **Hafnarfjörður** - Quick town detour for cafés and a short stroll

Driving notes: Short, straightforward summer drive on major roads. Wind exposure is common across open sections on the Reykjanes Peninsula. Traffic typically increases as you approach Reykjavík.

Local's tips: Allow extra time on the final stretch into Reykjavík, as traffic can be heavier closer to the city, especially during busy arrival periods.



Kvosin Downtown Hotel - Junior Suite including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
1181967 / 77706023 1x Quad Room

Rooms: 1x Quad Room

Phone: [+354 571 4460](tel:+3545714460)

Check-in Date: 23 June 2026

Check-out Date: 25 June 2026

Location: Kirkjutorg 4, Reykjavik, Iceland, 101

Inclusions:

- Breakfast



Kvosin Downtown Hotel

Kirkjustraeti, Ísland
+354 415 2400

Kvosin Downtown Hotel is a boutique hotel set within the historic Kirkjuhvoll building in the heart of Reykjavík. Dating back to 1901 and carefully restored, the hotel blends historic character with spacious, modern accommodation designed for contemporary travellers. Located just steps from the Icelandic Parliament and Reykjavík Cathedral, Hotel Kvosin places guests at the centre of the city's cultural and historical life while providing a comfortable retreat at the end of each day.



Junior Suite including Breakfast

The Junior Suite offers generous space and flexibility, featuring two bedrooms with queen beds and a separate living area with a sofa bed, comfortably accommodating up to six guests within 43 m². The suite is filled with natural light from large windows and includes a balcony with city views. Amenities include a private bathroom with shower and toiletries, air conditioning and heating, flat-screen TV, high-speed Wi-Fi, tea and coffee facilities, an in-room safe, and thoughtful comforts including a hairdryer and clothes steamer.



Kvosin Downtown Hotel - Deluxe Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
1181967 / 77706023 2x Triple Rooms

Rooms: 2x Triple Rooms

Phone: [+354 571 4460](tel:+3545714460)

Check-in Date: 23 June 2026

Check-out Date: 25 June 2026

Location: Kirkjutorg 4, Reykjavik, Iceland, 101

Inclusions:

- Breakfast



Kvosin Downtown Hotel

Kirkjustraeti, Ísland
+354 415 2400

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Deluxe Room including breakfast

The Deluxe Rooms offer a sense of space and comfort, combining timeless design that feels elegant yet relaxed. Measuring 38 m² and accommodating up to four guests, the room features a queen bed and sofa bed. Amenities include a private bathroom with shower and toiletries, air conditioning and heating, flat-screen TV, high-speed Wi-Fi, tea and coffee facilities, in-room safe, and added comforts such as a hairdryer and clothes steamer.



Kvosin Downtown Hotel - Standard Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
1181967 / 77706023 1x Single Room

Rooms: 1x Single Room

Phone: [+354 571 4460](tel:+3545714460)

Check-in Date: 23 June 2026

Check-out Date: 25 June 2026

Location: Kirkjutorg 4, Reykjavik, Iceland, 101

Inclusions:

- Breakfast





Kvosin Downtown Hotel

Kirkjustraeti, Ísland
+354 415 2400

Kvosin Downtown Hotel is a boutique hotel set within the historic Kirkjuhvoll building in the heart of Reykjavík. Dating back to 1901 and carefully restored, the hotel blends historic character with spacious, modern accommodation designed for contemporary travellers. Located just steps from the Icelandic Parliament and Reykjavík Cathedral, Hotel Kvosin places guests at the centre of the city's cultural and historical life while providing a comfortable retreat at the end of each day.



Standard Room including Breakfast

The Standard room is a compact 17m². Thoughtfully designed with a clean Scandinavian aesthetic, the room offers a cosy and stylish retreat featuring a private terrace with views over the Cathedral and Parliament Building. Room amenities include quality linens, a private bathroom with shower, air conditioning and heating, a flat-screen TV, high-speed Wi-Fi, tea and coffee-making facilities, an in-room safe, and added comforts such as a hairdryer and clothes steamer for a relaxed and convenient stay.



Private Guided Food Walk with sightseeing

CONFIRMATION NUMBER

PROVIDER

5USA129534 Marteinn City Walk Reykjavik

Phone: [+354 787 7779](tel:+3547877779)

Start Date: 23 June 2026 at 11:00

Start Location: Kvosin Downtown Hotel

End Date: 23 June 2026 at 14:00

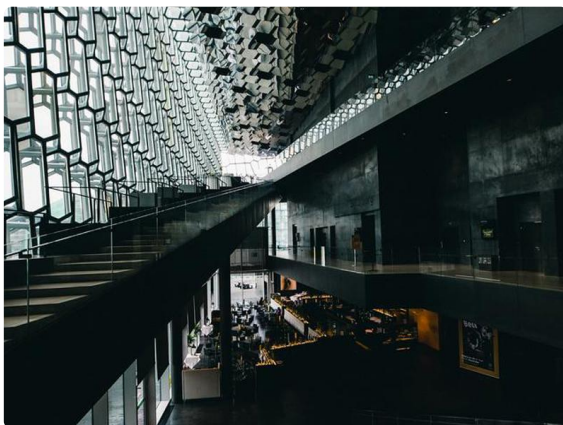
End Location: Reykjavik city centre

Inclusions:

- Food Tastings Lunch

Your guide is Marteinn Briem. Please meet him at your hotel lobby.

Kindly let him know if you are running late or wish to have the meeting earlier. His direct contact number is +354 823 0760





Private Guided Food Walk with sightseeing

Enjoy a private food tasting tour through Reykjavik together with a passionate local guide. This walking tour covers Reykjavik's highlights. Along the way, you visit small, local restaurants and taste Icelandic delicacies ranging from traditional food to modern kitchen in street style to fine dining - a tasting journey you will remember! Please inform your guide of any dietary restrictions.

Departure from: Your hotel in Reykjavik

Duration: 3 hours

Included: Fully guided walking tour of Reykjavik including food tastings

Activity level: Easy

Tour Style: Private

June 24 - Wednesday



Whale Watching Reykjavik (Classic) - Small Group

CONFIRMATION NUMBER

SPT-T114614732

PROVIDER

Special Tours Wildlife Adventures

Phone: [+354-5608800](tel:+354-5608800)

Start Date: 24 June 2026 at 13:00

Start Location: Special Tours ticket office

End Date: 24 June 2026 at 16:00

End Location: Special Tours ticket office

Please meet at the Special Tours Ticket Office 30 minutes before departure: Geirsgata 11, 101 Reykjavík

Please find your tour voucher with your travel documents



Whale Watching Reykjavik - Small Group

Your whale-watching adventure will start in Reykjavík's Old Harbour, located right in the city centre. Experience some of Iceland's rich and thriving bird life, as well as a large variety of sea life, including minke whales, humpback whales, harbour porpoises and white-beaked dolphins. Our focus is on comfort, unique experiences and personal service while making sure the environment is protected and respected in every way possible.

Enjoy a relaxing sail out in one of the largest whale-watching boats in Iceland, providing you with extra comfort, excellent indoor and outdoor viewing areas and a safe family-friendly environment. Inside we have comfortable seating areas on two floors, a café and a souvenir shop. You can also stay outside on the viewing decks and enjoy the breathtaking scenery. With an onboard display of whale teeth, bones, baleen, plankton nets and a microscope, this tour truly is a hands-on floating classroom!

Duration: 3-3.5 hours

Included: Warm overalls, Wi-Fi

Facilities on board: Comfortable heated indoor decks, large viewing decks, refreshments sold on board, excellent sound systems, restrooms

Activity level: Easy

Tour style: Group

In case there are no sightings of whales or dolphins on your tour you will get a free ticket to try again.



Special Tours Wildlife Adventures

Ægisgarður 13, Reykjavík, Höfuðborgarsvæði, Ísland, 101

+354 560 8800



Today's journey - Reykjavík to Hvolsvöllur (via the Golden Circle)

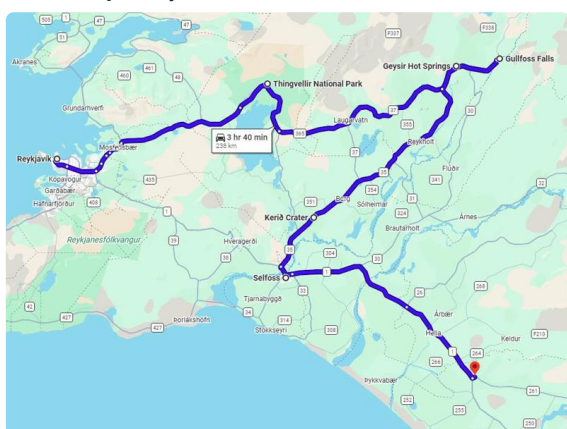
Today's journey takes you from Reykjavík through Golden Circle highlights, then south to Hvolsvöllur. The driving distance is about 220 km (137 mi) with all recommended stops.

Recommended stops include:

- **Pingvellir National Park** - Snorkel or dive in the Silfra Fissure between the North American and Eurasian tectonic plates, walk through Almannagjá Gorge, visit the historic Alþingi site, and enjoy scenic views over Þingvallavatn Lake
- **Geysir Geothermal Area** - Strokkur eruptions
- **Gullfoss** - Powerful waterfall viewpoints
- **Kerið Crater** - Short crater loop (small entry fee)
- **Selfoss** - Practical stop for food and fuel

Driving notes: Popular summer route with busy car parks and slower progress around major sites. Roads are paved throughout.

Local's tips: If you start later, aim for Golden Circle stops in the evening - crowds often thin while daylight remains.



Seljalandsfoss Horizons - Luxury Lodge with Breakfast (2-bedroom Cottage)

CONFIRMATION NUMBER 1182061 ROOM / BED TYPE 2x Quad Rooms

Rooms: 2x Quad Rooms

Phone: [+354 419 1400](tel:+3544191400)

Check-in Date: 25 June 2026

Check-out Date: 26 June 2026

Location: 861 Hvolsvöllur, Iceland

Inclusions:

- Breakfast



Seljalandsfoss Horizons

Hvolsvöllur, IS
+354 419 1400

Seljalandsfoss Horizons is located just 1 km from the famous Seljalandsfoss waterfall. Each of the brand new eight luxury lodges are perfectly suited for 1-2 couples, or a family of four. This is the perfect accommodation if you want to explore South Iceland.



Luxury Lodge with Breakfast

The lodge has two bedrooms (one of them upstairs), and a bathroom with shower cabin. The kitchen and living room are in an open area with large panorama windows, cozy wooden design and Nordic-style furniture. A small outside terrace completes the house.

Built in 2019, each lodge is 43 m2 and comes with all necessary equipment such as: comfortable beds, Tv, Wi-Fi, Nespresso coffee machine, microwave, dishwasher, refrigerator, hairdryer and bluetooth speakers.

Breakfast comprising of bread, cold meats, cheese, yogurt, muffins, American pancakes with accompaniments and tea & coffee is delivered to the cabin between 08:30-09:00



Seljalandsfoss Horizons - Studio apartment including breakfast

CONFIRMATION NUMBER	ROOM / BED TYPE
1182061	1x Triple Room

Rooms: 1x Triple Room

Phone: [+354 419 1400](tel:+3544191400)

Check-in Date: 25 June 2026

Check-out Date: 26 June 2026

Location: 861 Hvolsvöllur, Iceland

Inclusions:

- Breakfast



Seljalandsfoss Horizons

Hvolsvöllur, IS
+354 419 1400

Seljalandsfoss Horizons is located just 1 km from the famous Seljalandsfoss waterfall. Each of the brand new eight luxury lodges are perfectly suited for 1-2 couples, or a family of four. This is the perfect accommodation if you want to explore South Iceland.



Studio apartment including breakfast

These new studio apartments, built in 2024, features stunning mountain views from the queen-sized bed. Each unit includes a separate bedroom with bunk beds, an open kitchen and living area with unique design touches. Amenities include comfortable beds, TV, Wi-Fi, Nespresso coffee machine, microwave, dishwasher, refrigerator, hairdryer, and Bluetooth speaker.

June 26 - Friday



Today's journey - Hvolsvöllur to Vík

11:00 Lava Show

11:15 Katla Ice Cave

Today's journey takes you from Hvolsvöllur along the South Coast to the village of Vík. The driving distance is about 120 km (75 mi).

Recommended stops include:

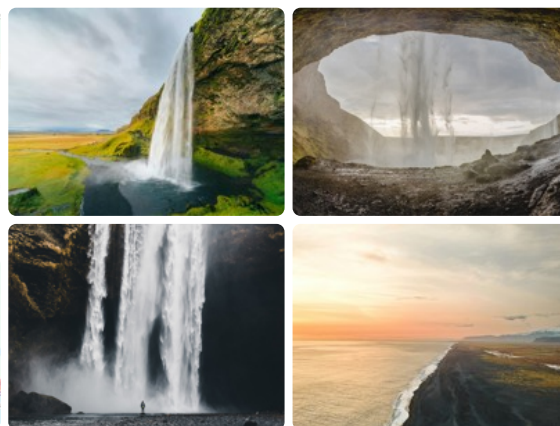
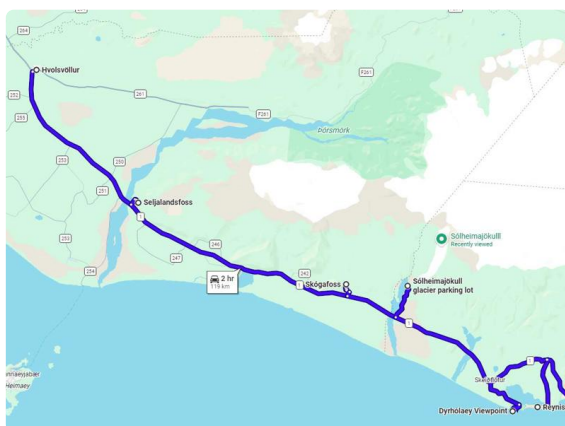
- **Seljalandsfoss & Gljúfrabúi** - Iconic waterfall stops
- **Skógafoss (& Kvernufoss)** - Powerful waterfall with stair access to the upper viewpoint. Kvernufoss, tucked just east of Skógafoss, is a beautiful, often-overlooked fall reached by a short, scenic walk through a narrow gorge.
- **Sólheimajökull** - Glacier viewpoint walk from the car park
- **Dyrhólaey Peninsula** (time permitting) - Coastal cliffs and viewpoints
- **Reynisfjara Black Sand Beach** - Dramatic black volcanic sand beach with basalt column formations and views of the Reynisdrangar sea stacks offshore. Significant coastal erosion means the cave area is no longer accessible, which may differ from older photos; be mindful that conditions can continue to change

Driving notes: Straightforward paved driving with frequent stops and coastal wind exposure. Expect higher traffic near waterfalls and viewpoints midday.

Local's tips: If you want a calmer experience at the waterfalls, go early or later in the day and keep stops shorter during peak hours.

Recommended Shops & Eateries in Vík:

- **Black Crust Pizzeria** - Casual and popular spot known for its black-dough pizzas
- **Smiðjan Brugghús** - Relaxed local brewpub serving burgers and craft beer
- **Halldórskaffi** - Cozy café-restaurant offering traditional Icelandic dishes
- **The Soup Company** - Casual eatery specialising in hearty, warming soups
- **Skool Beans** - Quirky coffee stop set inside a converted school bus
- **Icewear** - Well-designed shop for Icelandic clothing, knitwear, and souvenirs



Classic Lava Show in Vík - Small Group

CONFIRMATION NUMBER
LS-T114614899

PROVIDER
Lava Show

Phone: [+\(354\) 553 0005](tel:+3545530005)**Start Date:** 26 June 2026 at 11:00**Start Location:** Lava show in Vik**End Date:** 26 June 2026 at 11:50**End Location:** Lava show in Vik

Sankey family

Please arrive 15 minutes before the show.

Please find your voucher with the travel documents.

**Classic Lava Show in Vik - Small Group**

The Lava Show offers an unparalleled volcanic eruption experience, featuring molten lava at 1100°C (2000°F) in a filled showroom, allowing guests to witness, sense, and feel its intense heat. The lava, originating from the 1918 Katla eruption, rapidly cools over strategically placed ice blocks, forming beautiful volcanic glass that can be purchased as unique souvenirs. This exclusive live lava exhibition is celebrated for its educational and cultural significance and is regarded as one of Iceland's top-rated and most distinctive immersive experiences.

Duration: 50 minutes

Included: The award-winning Lava Show immersive experience

Activity level: Easy

Tour style: Group

Good to know: While Lava Show is highly educational and family friendly, the show may not be best suited for children between 0-4 years. A large part of the show involves explanations by a live host that may render the little ones restless.

**Icelandic Lava Show**

5 Víkurbraut, Vík, IS, 870

**The Ice cave in Katla - Meet at Vik**

CONFIRMATION NUMBER

PROVIDER

STHC-T114615195

Southcoast Adventure

Phone: [+354 867 3535](tel:+3548673535)**Start Date:** 26 June 2026 at 11:15**Start Location:** In front of Ice Cave Bistro / Restaurant in Vik**End Date:** 26 June 2026 at 14:30**End Location:** In front of Ice Cave Bistro / Restaurant in Vik

Erickson & Lingen families

The meeting point for the Ice Cave Under the Volcano - Katla Ice Cave tour is at the bus parking lot behind the Icewear Magasin building (facing the sea) in Vik, South Iceland.

The guide will be standing outside in the parking lot in front of the "Ice Cave Bistro / Restaurant in Vik" by a Super Jeep with an Arctic Adventures sign in the front window. Please check in with your guide 10-15 minutes before your tour departs.



The Ice cave in Katla - Meet at Vik

Looking for something off the typical tourist track? This is the tour for you! It's time to jump into a Super Jeep, strap on your crampons and step into the mighty Myrdalsjokull glacier.

Meet in Vík and travel to the base of Kötlujökull glacier. After a short walk and a few easy ladder steps, enter a natural ice cave shaped by ever-changing conditions. Inside, layers of ice and volcanic ash create stunning patterns. A knowledgeable guide shares the glacier's history, making the tour both scenic and informative. Mother Nature has really outdone herself with this one, the movie-like surroundings and glaciers everywhere you look and grand ice walls you walk amongst to enter the magical blue and black ice dome of the outlet glacier named after the powerful volcano Katla. Prepare to be amazed!

Duration of trip: approx. 3 hours

Included: English speaking guide, Helmets and crampons if conditions require.

Bring with you: Warm outdoor clothing, waterproof jacket and trousers, head-wear, gloves and lunch. Appropriate hiking boots/shoes are required

Minimum age: 6 Years

Operates: Daily. All year

Skill level: Easy



Southcoast Adventures meeting point

20 Austurvegur, Vík, Mýrdalshreppur, IS, 870



Hótel Vík í Mýrdal - Superior Family Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE

1182065

1x Quad Room and 1x Triple Room

Rooms: 1x Quad Room and 1x Triple Room

Phone: [+3544871480](tel:+3544871480)

Check-in Date: 26 June 2026

Check-out Date: 27 June 2026

Location: Klettsvegi 1-5, Vík, Iceland, 870



Hótel Vík í Mýrdal

Vík, IS

+354 487 1480

Located in South Iceland's breathtaking nature reserve, Hotel Vík í Mýrdal is a family-run retreat known for its exceptional hospitality. With 80 stylish rooms offering views of the ocean, basalt sea stacks, or mountains, the hotel combines modern comfort with a nature-inspired design. Guests enjoy spacious rooms with Icelandic-made organic skincare products, blackout curtains, complimentary Wi-Fi, and thoughtful amenities, ensuring a relaxing and memorable stay.



Superior Family Room including Breakfast

This spacious 40 m² bi-level family room is ideal for families or small groups, offering a double bed on the lower level and two twin beds in the sleeping loft. The room is thoughtfully equipped with essential amenities, including a desk, a Nespresso coffee machine and tea-making facilities, a mini fridge, and a wardrobe. Guests can also enjoy complimentary Wi-Fi and a flat-screen TV for entertainment and connectivity throughout their stay.

The private bathroom provides everything needed for a comfortable experience, including toilet paper, towels, a hairdryer, and complimentary toiletries.



Hótel Vík í Mýrdal - Triple Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
1182065 1x Triple Room

Rooms: 1x Triple Room

Phone: [+3544871480](tel:+3544871480)

Check-in Date: 26 June 2026

Check-out Date: 27 June 2026

Location: Klettsvegi 1-5, Vík, Iceland, 870

Private car/rental car: From Reykjavik the route lies along Highway 1 all the way to Vík. The drive will take just over two hours. The hotel's GPS co-ordinates are 63° 25,068'N, 19° 0,082'W.



Hótel Vík í Mýrdal

Vík, IS
+354 487 1480

Located in South Iceland's breathtaking nature reserve, Hotel Vík í Mýrdal is a family-run retreat known for its exceptional hospitality. With 80 stylish rooms offering views of the ocean, basalt sea stacks, or mountains, the hotel combines modern comfort with a nature-inspired design. Guests enjoy spacious rooms with Icelandic-made organic skincare products, blackout curtains, complimentary Wi-Fi, and thoughtful amenities, ensuring a relaxing and memorable stay.



Triple room including breakfast

The ground-floor Triple Room overlooks the outdoor patio and offers a double bed or two twin beds with an extra bed option. It includes a desk, Nespresso coffee machine, tea-making facilities, a wardrobe, and is wheelchair accessible. Free Wi-Fi and a flat-screen TV are also provided.



Hótel Vík í Mýrdal - Superior Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
 1182065 1x Single Room

Rooms: 1x Single Room

Phone: [+3544871480](tel:+3544871480)

Check-in Date: 26 June 2026

Check-out Date: 27 June 2026

Location: Klettsvegji 1-5, Vík, Iceland, 870

Private car/rental car: From Reykjavik the route lies along Highway 1 all the way to Vík. The drive will take just over two hours. The hotel's GPS co-ordinates are 63° 25,068'N, 19° 0,082'W.



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Vík, IS

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Superior room including breakfast

The Superior rooms feature private bathroom with shower, double or twin beds, free WiFi, flat-screen TV, desk, seating area, coffee & tea maker, electric kettle and a hairdryer.

June 27 - Saturday



Today's journey - Vík to Skaftafell

Today's journey takes you from the village of Vík to Skaftafell in Vatnajökull National Park. The driving distance is roughly 140 km (87 mi).

Recommended stops include:

- **Fjaðrárgljúfur Canyon** - Scenic gorge walk
- **Kirkjubæjarklaustur** - Fuel, food, and services
- **Stjórnarfoss & Kirkjugólf** - Small, scenic waterfall near Kirkjubæjarklaustur
- **Foss á Siðu** - Quick roadside waterfall stop
- **Svartifoss** - Striking waterfall framed by hexagonal basalt columns, reached via a moderate hike that passes the smaller Hundafoss along the way

Driving notes: Paved Ring Road with several one-lane bridges and wind-exposed sand plains. Allow time for short stops and slower traffic near popular viewpoints.

Local's tips: Services thin out quickly after Vík - grabbing food and fuel early makes the day feel far more relaxed.



Fosshotel Glacier Lagoon - Triple Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
1182081 2x Triple Rooms

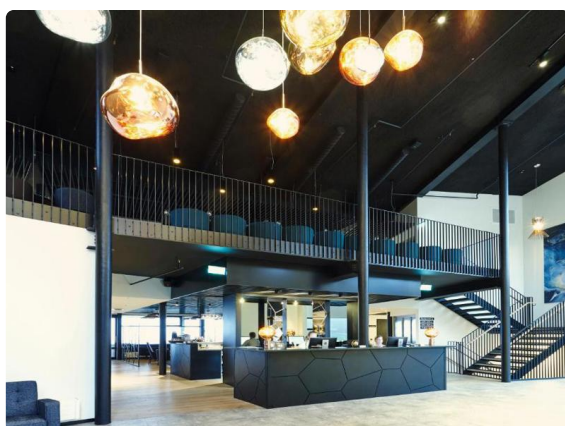
Rooms: 2x Triple Rooms

Phone: [+354 5148300](tel:+3545148300)

Check-in Date: 27 June 2026

Check-out Date: 28 June 2026

Location: Hnappavellir, Öræfi, Iceland, 785





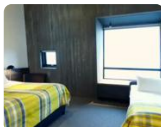
Fossotel Glacier Lagoon

Öræfi, Sveitarfélagið Hornafjörður, IS
+354 514 8300

Set against the dramatic backdrop of Iceland's southern wilderness, Fossotel Glacier Lagoon offers an exceptional stay near some of the country's most iconic natural attractions. Its location between Jökulsárlón Glacier Lagoon and Skaftafell makes it an ideal base for outdoor exploration year-round, from hiking and ice caving to glacier walks and wildlife spotting. The hotel itself features sleek, contemporary design that contrasts beautifully with the rugged landscapes outside. Expansive windows throughout the property provide uninterrupted views of the surrounding mountains and skies—perfect for aurora chasers and nature enthusiasts alike.

The four-star hotel offers 125 contemporary rooms with all necessary amenities including free parking, an electric vehicle charging station, a restaurant, gym and spa.

The spa is complimentary for all guests staying at the hotel and bookings can only be made upon arrival. The hot tubs, sauna and gym are open from 08:00.



Triple Room including Breakfast

The triple rooms are spacious and comfortable. Room amenities include Satellite TV, coffee and tea maker, safety box, small fridge, telephone and free WiFi. Rooms have ensembles equipped with a shower and hairdryer.



Fossotel Glacier Lagoon - Family Deluxe Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
1182081 1x Double Room

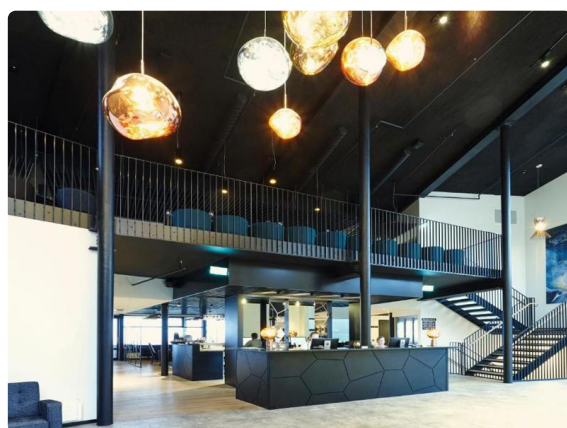
Rooms: 1x Double Room

Phone: [+354 5148300](tel:+3545148300)

Check-in Date: 27 June 2026

Check-out Date: 28 June 2026

Location: Hnappavellir, Öræfi, Iceland, 785





Fosshotel Glacier Lagoon

Öræfi, Sveitarfélagið Hornafjörður, IS
+354 514 8300

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The spa is complimentary for all guests staying at the hotel and bookings can only be made upon arrival. The hot tubs, sauna and gym are open from 08:00.



Family Deluxe Room including Breakfast

The Family Deluxe Rooms are 41sqm in size and have views of the mountains. The room has a double bed as well as a sofa bed suitable for 2 children. Room amenities include a coffee and tea maker, mini fridge, satellite tv, telephone, safety box and free wifi. The ensuite has a shower and a hair dryer.

Please note that rooms with particular views may not be guaranteed.



Fosshotel Glacier Lagoon - Oceanview Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
1182081 1x Single Room

Rooms: 1x Single Room

Phone: [+354 5148300](tel:+3545148300)

Check-in Date: 27 June 2026

Check-out Date: 28 June 2026

Location: Hnappavellir, Öræfi, Iceland, 785





Fossotel Glacier Lagoon

Öræfi, Sveitarfélagið Hornafjörður, IS
+354 514 8300

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The four-star hotel offers 125 contemporary rooms with all necessary amenities including free parking, an electric vehicle charging station, a restaurant, gym and spa.

The spa is complimentary for all guests staying at the hotel and bookings can only be made upon arrival. The hot tubs, sauna and gym are open from 08:00.



Oceanview Room including Breakfast

Indulge in the allure of the Ocean View Double/Twin rooms, where spacious comfort awaits. Enjoy modern conveniences such as satellite TV, a safety box, and complimentary Wi-Fi, all at your fingertips. Pamper yourself with a rejuvenating shower in the ensuite, complete with a hair dryer, while savouring the luxury of a personal coffee and tea maker.

Please note that rooms with particular views may not be guaranteed.

June 28 - Sunday



Today's journey - Skaftafell to Hvalsövellur

10:00 Glacier Lagoon Amphibian Boat Tour

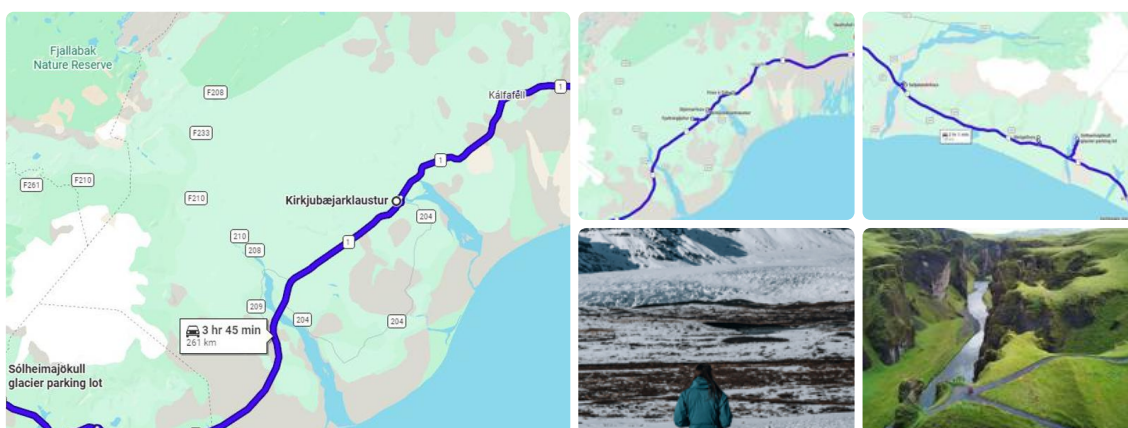
Today's journey takes you from Skaftafell in Vatnajökull National Park west along Iceland's South Coast, finishing in Hvalsövellur. The total driving distance is approximately **260 km (162 mi)**, depending on stops along the way.

Recommended stops include:

- **Skaftafell** - Waterfall walks and glacier viewpoints (allow extra time if hiking)
- **Svartifoss** - Striking waterfall framed by hexagonal basalt columns, reached via a moderate hike that also passes the smaller Hundafoss
- **Foss á Siðu** - Quick roadside waterfall stop
- **Stjórnarfoss & Kirkjugólf** - Small, scenic waterfall and basalt "church floor" near Kirkjubæjarklaustur
- **Kirkjubæjarklaustur** - Food, fuel, and services
- **Fjaðrárgljúfur Canyon** - Scenic gorge viewpoints
- **Vík** - Village stop with services, cafés, and coastal views
- **Reynisfjara Black Sand Beach** - Dramatic black volcanic sand beach with basalt column formations and views of the Reynisdrangar sea stacks offshore. Significant coastal erosion means the cave area is no longer accessible, which may differ from older photos; be mindful that conditions can continue to change
- **Dyrhólaey Peninsula (time permitting)** - Coastal cliffs and viewpoints
- **Sólheimajökull** - Glacier viewpoint walk from the car park
- **Skógafoss (& Kvernufoss)** - Powerful waterfall with stair access to the upper viewpoint. Kvernufoss, tucked just east of Skógafoss, is a beautiful, often-overlooked fall reached by a short, scenic walk through a narrow gorge
- **Seljalandsfoss & Gljúfrabúi** - Iconic waterfall stops
- **Hvalsövellur** - End of day services and accommodation area

Driving notes: Straightforward paved driving with frequent stops along the coast. Expect coastal wind exposure and higher traffic levels around popular waterfalls and viewpoints, particularly during midday hours.

Local's tips: This day includes many major highlights, so prioritise key stops and keep an eye on time as you head west. For a calmer experience at popular waterfalls, visit early or later in the day and keep stops shorter during peak hours to ensure a relaxed arrival into Hvalsövellur.



Glacier Lagoon Amphibian Boat Tour

CONFIRMATION NUMBER

VCH-00008516

PROVIDER

Jökulsárlón ferðapjónusta ehf. (Glacier Lagoon)

Phone: [+354 4782222](tel:+3544782222)**Start Date:** 28 June 2026 at 10:00**Start Location:** Jökulsárlón Glacier Lagoon Boat Tours and Cafe**End Date:** 28 June 2026 at 10:40**End Location:** Jökulsárlón Glacier Lagoon Boat Tours and Cafe

CHECK-IN for the Amphibian is 20 minutes before departure.

Please show this booking number at the ticket office:

VCH-00008516



Glacier Lagoon Amphibian Boat Tour

This is an exciting boat trip on the lagoon in one of the four amphibian boats. During the excursion you sail among the huge icebergs in the picturesque scenery of Jökulsárlón. On the boat you get to taste the 1000 year old ice and if you are lucky you might even see some seals.

Duration: 35 minutes

Included: 30-40 min boat tour, Guidance, Life vest

Activity Level: Very easy



Seljalandsfoss Horizons - Luxury Lodge with Breakfast (2-bedroom Cottage)

CONFIRMATION NUMBER	ROOM / BED TYPE
1182064	2x Quad Rooms

Rooms: 2x Quad Rooms**Phone:** [+354 419 1400](tel:+3544191400)**Check-in Date:** 28 June 2026**Check-out Date:** 29 June 2026**Location:** 861 Hvolsvöllur, Iceland**Inclusions:**

- Breakfast



Seljalandsfoss Horizons

Hvolsvöllur, IS

[+354 419 1400](tel:+3544191400)

Seljalandsfoss Horizons is located just 1 km from the famous Seljalandsfoss waterfall. Each of the brand new eight luxury lodges are perfectly suited for 1-2 couples, or a family of four. This is the perfect accommodation if you want to explore South Iceland.



Luxury Lodge with Breakfast

The lodge has two bedrooms (one of them upstairs), and a bathroom with shower cabin. The kitchen and living room are in an open area with large panorama windows, cozy wooden design and Nordic-style furniture. A small outside terrace completes the house.

Built in 2019, each lodge is 43 m2 and comes with all necessary equipment such as: comfortable beds, Tv, Wi-Fi, Nespresso coffee machine, microwave, dishwasher, refrigerator, hairdryer and bluetooth speakers.

Breakfast comprising of bread, cold meats, cheese, yogurt, muffins, American pancakes with accompaniments and tea & coffee is delivered to the cabin between 08:30-09:00



Seljalandsfoss Horizons - Studio apartment including breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
1182064 1x Triple Room

Rooms: 1x Triple Room

Phone: [+354 419 1400](tel:+3544191400)

Check-in Date: 28 June 2026

Check-out Date: 29 June 2026

Location: 861 Hvolsvöllur, Iceland

Inclusions:

- Breakfast



Seljalandsfoss Horizons

Hvolsvöllur, IS
+354 419 1400

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Studio apartment including breakfast

These new studio apartments, built in 2024, features stunning mountain views from the queen-sized bed. Each unit includes a separate bedroom with bunk beds, an open kitchen and living area with unique design touches. Amenities include comfortable beds, TV, Wi-Fi, Nespresso coffee machine, microwave, dishwasher, refrigerator, hairdryer, and Bluetooth speaker.

June 29 - Monday



Today's journey - Hvolsvöllur to Grindavík

11:00 Lava Tunnel

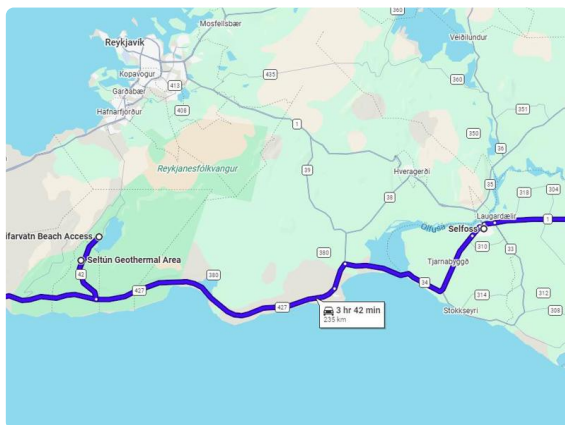
Today's journey takes you from Hvolsvöllur in South Iceland through the Reykjavík area and onto the Reykjanes Peninsula. The driving distance is approximately **155-240 km (96-149 mi)**, depending on your chosen route and how many Reykjanes stops you include.

Recommended stops include:

- **Selfoss** - Convenient town stop with cafés, supermarkets, fuel, and riverside walking paths
- **Seltún Geothermal Area** - Colourful geothermal field with bubbling mud pools and steaming vents, easily accessible via short boardwalk paths
- **Kleifarvatn Lake (short detour)** - Scenic lake surrounded by volcanic landscapes and steep crater slopes
- **Gunnahver Geothermal Area** - Powerful bubbling mud pools and steam vents in a stark, otherworldly setting
- **Reykjanesviti Lighthouse** - Coastal views across lava fields and the open Atlantic
- **Bridge Between Continents** - Short, easy walk across the Mid-Atlantic Ridge
- **Blue Lagoon (optional stop)** - World-famous geothermal spa, ideal for a relaxing soak (advance booking essential)
- **Grindavík** - Fishing town on the south coast of the Reykjanes Peninsula, close to lava landscapes and coastal walking areas

Driving notes: Fully paved, straightforward summer driving. Expect heavier traffic around Reykjavík and on popular stretches of the Reykjanes Peninsula. Wind is common across exposed lava fields, and weather conditions can change quickly.

Local's tips: If you have flexibility, explore Reykjanes sights earlier in the day and aim to finish in Grindavík later, when popular stops are quieter. If visiting the Blue Lagoon, book your entry time in advance and plan the rest of your day around it to keep things relaxed.



Raufarholshellir Lava Tunnel - Meet on Location -Small Group

CONFIRMATION NUMBER PROVIDER
LAVAT-T114615354 The Lava Tunnel

Phone: [+354 760 1000](tel:+3547601000)

Start Date: 29 June 2026 at 11:00

Start Location: Lava tunnel

End Date: 29 June 2026 at 12:00

End Location: Lava tunnel

Please be at The Lava Tunnel at least 10 minutes before your scheduled departure time.



Raufarhólshellir Lava Tunnel - Meet on Location - Small Group

Ísland

Raufarhólshellir is a stunning geological paradise that was formed after a volcanic eruption that happened around 5000 years ago. The cave is a magical place, famed for its vivid colours, fascinating rock sculptures and a host of other things that will inspire awe and wonder in equal measure. This craggy, volcanically scarred world hidden beneath the earth's surface is one of the longest and most famous lava tube caves in Iceland.

Tour highlights

- Explore a Magnificent Lava Tunnel
- The Guides Informative Overview of the Cave's History

Start time: Between 09:00 and 17:00

Duration: 1 hour

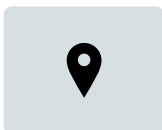
Included: English guided caving tour, flashlight and helmet, all necessary safety equipment

Remember to Bring: warm outdoor clothing, waterproof jacket and pants, headwear and gloves. Good hiking shoes are highly recommended.

Activity Level: Easy

Min Age: None

Meet on location information: from Reykjavík, head east on Route 1 and drive for about 18 km. Turn right onto Route 39 (Þorlákshöfn) and drive for another 12 km. The parking area will be on your left-hand side. The GPS coordinates are N.63° 56.407 / W. 021° 23.742



Raufarhólshellir

Ísland



Northern Light Inn - Family room including breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
39968 1x Quad Room

Rooms: 1x Quad Room

Phone: [+354 426 8650](tel:+3544268650)

Check-in Date: 29 June 2026

Check-out Date: 30 June 2026

Location: Blue Lagoon Road, Grindavik, Iceland, 204





Northern Light Inn

Norðurljósavegi 1, Grindavík, Suðurnes, Ísland
+354 426 8650

The Northern Light Inn is a boutique hotel located just before the Blue Lagoon, 20 minutes from Iceland's International Airport and 45 minutes from Reykjavik city. The hotel has 32 quiet and spacious rooms, geo-thermal heating and showers, free wi-fi, satellite TV, cosy sitting rooms around a grand fireplace, an in house restaurant and bar.

The Hotel offers complimentary scheduled shuttles to the Blue Lagoon every hour on the hour by request at the front desk, from opening times until 21:00.



Family room including breakfast

The Family Room of 30 sqm, feature a comfortable queen-size bed (180 cm x 200 cm) and two single beds (90 cm x 200 cm), complemented by warm Icelandic down comforters. Each room is individually styled. Room amenities include a geothermal shower, high speed wifi, satellite TV, tea and coffee making facilities, hairdryer and luxury bath products.



Northern Light Inn - Standard Triple room including breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
39968 2x Triple Rooms

Rooms: 2x Triple Rooms

Phone: [+354 426 8650](tel:+3544268650)

Check-in Date: 29 June 2026

Check-out Date: 30 June 2026

Location: Blue Lagoon Road, Grindavik, Iceland, 204



Northern Light Inn

Norðurljósavegi 1, Grindavík, Suðurnes, Ísland
+354 426 8650

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The Hotel offers complimentary scheduled shuttles to the Blue Lagoon every hour on the hour by request at the front desk, from opening times until 21:00.



Standard Triple room including breakfast

The Standard Triple Rooms of 27 sqm, feature a comfortable queen-size bed (180 cm x 200 cm) and one single bed (90 cm x 200 cm), complemented by warm Icelandic down comforters. Each room is individually styled. Room amenities include a geothermal shower, high speed wifi, satellite TV, tea and coffee making facilities, hairdryer and luxury bath products.



Northern Light Inn - Superior room including breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
39968 1x Single Room

Rooms: 1x Single Room

Phone: [+354 426 8650](tel:+3544268650)

Check-in Date: 29 June 2026

Check-out Date: 30 June 2026

Location: Blue Lagoon Road, Grindavik, Iceland, 204



Northern Light Inn

Norðurljósavegi 1, Grindavík, Suðurnes, Ísland
+354 426 8650

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The Hotel offers complimentary scheduled shuttles to the Blue Lagoon every hour on the hour by request at the front desk, from opening times until 21:00.



Superior room including breakfast

The Superior Rooms of 27 sqm, feature a comfortable queen-size bed (180 cm x 200 cm) or two single beds (90 cm x 200 cm), complemented by warm Icelandic down comforters. Each room offers a lava view and is individually styled. Room amenities include a Nespresso coffee machine, refrigerator, wifi, bathrobes, slippers, hairdryer and luxury bath products. Guests enjoy complimentary access to the Wellness Spa.



Shuttle one way Hotel to Blue Lagoon

CARRIER
Northern Light Inn

Phone: [+354 426 8650](tel:+3544268650)

Pick-up Date: 29 June 2026 at 18:00

Pick-up Location: Northern Light Inn - Blue Lagoon

Drop-off Location: Blue Lagoon - Northern Light Inn

Status: Confirmed

Please let the reception know upon arrival you would like to take the shuttle to the Blue Lagoon!

If you have arrived directly to the Blue Lagoon, please phone the Northern Light Inn on +354 426 5680 to arrange pick up at one of the following times: 12:05, 14:05, 16:05, 18:05, 19:05, 20:05, 21:05.

The shuttle is a white mini van with "Northern Light Inn" on the sides and "AURORA" plates, pick up is from the parking lot next to the luggage building.



Shuttle one way hotel Blue Lagoon

The free hotel shuttle runs every hour on the hour to the lagoon, when requested in advance at the front desk.



Blue Lagoon - comfort

CONFIRMATION NUMBER	PROVIDER
WBL05290994	Blue Lagoon

Phone: [+354 420 8800](tel:+3544208800)

Start Date: 29 June 2026 at 18:00

Start Location: Blue Lagoon

End Date: 29 June 2026 at 21:05

End Location: Blue Lagoon

Table Reservation at Lava restaurant: 19:30

Please find your voucher with the travel documents.





Blue Lagoon - comfort

Experience the wonders of the Blue Lagoon enhanced with the prime elements of hospitality and wellbeing.

Includes:

- Entrance to the Blue Lagoon
- Access to steam bath, sauna and colder lagoon (from 2026)
- Silica mud mask
- Use of towel
- 1st drink of your choice (from in water bar, non-alcoholic)
- Use of shampoo, conditioner and moisturizer
- Private locker (from 2026)

June 30 - Tuesday



Today's journey - Grindavík to Keflavík

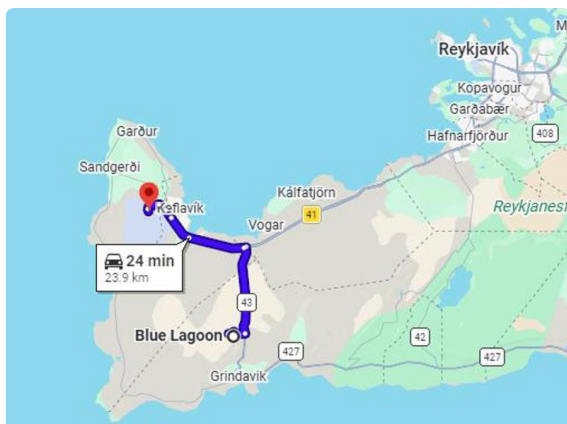
Today's journey takes you from Grindavík to Keflavík and the airport area. The driving distance is about 25 km (16 mi).

Recommended stops include:

- **Blue Lagoon** (if time permits) - Pre-booking recommended in summer

Driving notes: Short paved drive with frequent wind exposure on open sections.

Local's tips: Plan to arrive at the airport early - summer traffic and returning your hire car during busy times can take longer than expected



Own Flight Arrangements

Start Date: 30 June 2026

Start Location: Keflavik airport

End Date: 30 June 2026

End Location: Oslo airport

Flight FI332 departing Keflavik airport at 11:10 and arriving at Oslo airport at 15:55 (not arranged by 50 Degrees North)



Private Transfer Oslo Gardermoen Airport to City

CONFIRMATION NUMBER

420027

CARRIER

Bislet Limousine AS

Phone: [+47 22 80 25 20](tel:+4722802520)

Pick-up Date: 30 June 2026 at 15:55

Pick-up Location: Oslo Airport

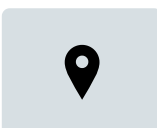
Approximate Transfer Time: 45 minutes

Drop-off Location: Clarion Hotel The Hub

Status: Confirmed

Your driver will be waiting for you at the arrival hall with a sign displaying your name. The driver looks at the flight numbers if there are any delays

In case you need to call the transfer company Bislet Limousine AS their emergency number is +4790029085.



Private transfer Oslo Gardermoen Airport to City

Luggage: 1 suitcase and 1 carry on per person. Any additional luggage must be pre-booked.



Clarion Hotel The Hub - Family Room incl. breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
 Sankey-30-6-56BC 1x Quad Room and 2x Triple Rooms

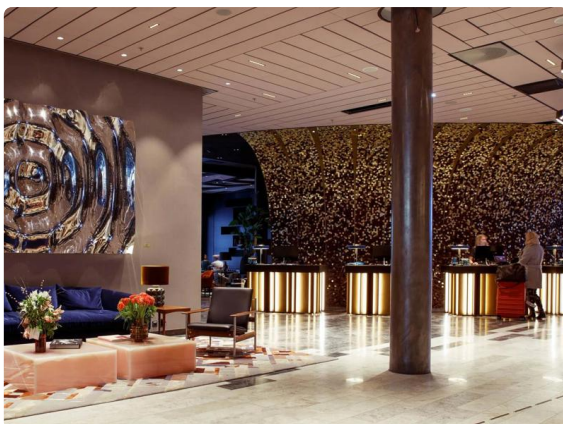
Rooms: 1x Quad Room and 2x Triple Rooms

Phone: [+47 23 10 80 85](tel:+4723108085)

Check-in Date: 30 June 2026

Check-out Date: 2 July 2026

Location: Biskop Gunnerusgt. 3, OSLO, Norway, 0155



Clarion Hotel The Hub

3 Biskop Gunnerus gate, Oslo, NO

+47 23 10 80 00

Clarion Hotel The Hub is located right in the heart of Oslo with easy access to public transport including the airport train. From the hotel it is only a few minutes' walk to Oslo Central Station. The hotel is near the city's best bars, concerts and restaurants.

The Hotel offers modern rooms with innovative solutions for technology. Hotel facilities include world class restaurants and bars, a rooftop garden, gym, relaxation area and pool.

The rooftop garden provides locally produced micro greens and vegetables to the hotel, as well as offering a green space in an urban environment.



Family Room incl. breakfast

The Family Room is spacious and equipped with a double bed, as well as a sofa bed for one or two people. It is equipped with a coffee machine, minibar, hairdryer, luxury duvet and pillow, 55" SmartTV with the option of media streaming, iron, ironing board and free wireless internet. This room is well suited for families or for those who want a little extra space.



Clarion Hotel The Hub - Superior Double room incl. breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
 Sankey-30-6-56BC 1x Single Room

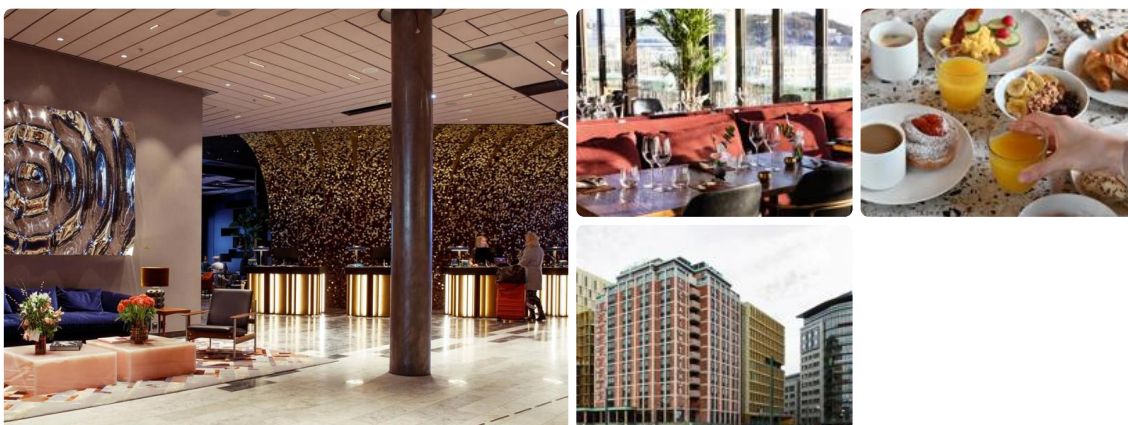
Rooms: 1x Single Room

Phone: [+47 23 10 80 85](tel:+4723108085)

Check-in Date: 30 June 2026

Check-out Date: 2 July 2026

Location: Biskop Gunnerusgt. 3, OSLO, Norway, 0155



Clarion Hotel The Hub

3 Biskop Gunnerus gate, Oslo, NO

+47 23 10 80 00

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The Hotel offers modern rooms with innovative solutions for technology. Hotel facilities include world class restaurants and bars, a rooftop garden, gym, relaxation area and pool.

The rooftop garden provides locally produced micro greens and vegetables to the hotel, as well as offering a green space in an urban environment.



Superior Double room incl. breakfast

The Superior double rooms are spacious and equipped with a comfortable double bed. The windows provide a generous amount of natural light. Some rooms have a work area with desk and chair, all Superior rooms have an armchair. Room amenities include a coffee machine, minibar, luxury duvet and pillow, 55" SmartTv with the option of media streaming, iron, ironing board and free WiFi. The bathroom is spacious with a shower or bathtub, hairdryer and body care products from Rituals.

July 1 - Wednesday



Silent Oslo Fjord Cruise - Small Group

CONFIRMATION NUMBER

CAAN84

PROVIDER

Brim Explorer

Phone: [+47 7765 1100](tel:+4777651100)

Start Date: 1 July 2026 at 13:30

Start Location: Brim Explorer

End Date: 1 July 2026 at 16:00

End Location: Brim Explorer

Meeting point: Meet 15 minutes before departure at the main pier in front of the city hall (Rådhusbrygge 2), just before PIREN restaurant.

Please find your voucher with the travel documents.



Silent Oslo Fjord Cruise - Small Group

Departing from Rådhusbrygge, sail towards Dyna Fyr, passing the scenic Oslo islands with their charming cottages and boathouses along the shore of Nesodden. You'll learn about the fjord's significance and the need for its preservation. Navigate the narrow channels between islands, offering close views of Norwegian homes and sharing the city's rich history. The 100% electric motors ensure a silent journey. Next, cross the fjord to the colourful bathhouses, discussing the cultural importance of these bathhouses. Finally, approach the Oslo Opera House and Munch Museum, providing a unique water perspective and insights into their historical and contemporary significance.

Duration: 2 hours

Onboard: Heated saloon with cafe, There are drinks & light snacks available for purchase, 100% electric cruise

Included: Free WiFi, English speaking guides

Activity level: Easy

Tour style: Group



Start Location

Rådhusbrygge 2, Oslo, Oslo, NO

July 2 - Thursday



Luggage transport Oslo - Bergen

CONFIRMATION NUMBER PROVIDER
53321 Porter Service AS

Phone: [+47 22 22 22 49](tel:+4722222249)

Start Date: 2 July 2026 at 06:30

Start Location: Clarion Hotel The Hub

End Date: 2 July 2026 at 21:00

End Location: Clarion Hotel Admiral

Please leave your luggage at the hotel reception before 6:30 AM.

If your itinerary includes overnight stops, please pack an overnight bag for the nights away, including any medications and valuables, as your main luggage will not be accessible until you reach your final destination.

Porter Service will pick your luggage up and deliver it to your hotel in your final destination by 9:00pm tonight. It will be stored safely until you arrive.

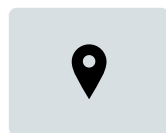
All bags must be prepaid for transport.
This is a service provided by Porter Service AS, not your hotel.

Luggage Tags:

- Each piece of luggage must have a name tag with its owner's name clearly labelled.
- Luggage cannot be grouped together under one name.
- Failure to properly label your luggage may result in it not being taken on your journey or being lost.
- You can find a printable luggage tag you may like to use attached.

In case of lost or damaged luggage, please contact our emergency team within 24 hours of receiving your luggage or becoming aware of the issue.

Please note that you have paid for 1 piece of luggage per person unless otherwise specified.



Luggage transport Oslo - Bergen

Porter service offers a safe and secure transportation of your luggage, allowing you to travel through the fjords with just an overnight bag.

This service includes 1 piece of luggage per person

Please pack your overnight bag according to the number of nights you will be away from your main luggage. Carry any medications and valuables with you.

All bags must be prepaid for transport.

This is a service provided by Porter Service AS, not your hotel.



Norway in a Nutshell - Oslo to Bergen

CONFIRMATION NUMBER CARRIER
M11TXQ Fjord Tours

Departure Date: 2 July 2026 at 08:23
Departure Location: Oslo Central Station
Arrival Date: 4 July 2026 at 14:15
Arrival Location: Bergen Railway Station

Please find your voucher with the travel documents.

Kindly note that this is a scheduled service and will depart on time so please be at the station 30 min before departure.

Please be ready at the pier 15 minutes before the departure.

Seats on the train have been automatically assigned by Vy, seating map is not available.

Please find Norway in a Nutshell practical information about transfer points with the travel documents.



Norway in a Nutshell - Oslo to Bergen

The Norway in a nutshell trip takes you through some of Norway's most beautiful fjord scenery. You can experience the scenic Bergen Railway, the breathtaking Flåm Railway, the Aurlandsfjord and the narrow Nærøyfjord. The trip runs daily all year.

INCLUDED:

- Train Oslo-Myrdal (including seat reservation). Duration: 4.5hrs
- The Flåm Railway Myrdal-Flåm. Duration: 1h
- Fjord cruise Flåm-Gudvangen. Duration: 2 hrs
- Bus Gudvangen-Voss. Duration: 1h & 15 mins
- Train Voss-Bergen. Duration: 1h & 20 mins

Please note you will get access to the Flåm railway museum when in Flåm.

No seat reservations are necessary.

The exact timing is advised when you receive your travel documents. There is no guiding included. You have to make your own way from hotel to station and change mode of transport as you travel. The itinerary is probably the most 'well-trodden' in the whole of Norway, and it runs like clockwork, so there is no need to be concerned that you will miss a connection or not find your way.



Oslo S

1 Jernbanetorget, Oslo, NO, 0154

Transfer from Flåm to Aurland

CONFIRMATION NUMBER

5USA129534 Bjorghild

CARRIER

Flåm Bilutleie AS



Phone: [+47 91513111](tel:+4791513111)

Pick-up Date: 2 July 2026 at 14:25

Pick-up Location: in front of Flåm Railway Museum

Approximate Transfer Time: 20 minutes

Drop-off Location: Wangen Apartmens Aurland

Status: Confirmed

The pick-up point will be in front of the Flåm Railway Museum, conveniently situated near the train station and wharf.

In case you need to call Flam Bilutleie AS, their emergency number is +47 915 13 111



Transfer from Flåm to Aurland

Transfers include one suitcase and one carry on per person. Any additional luggage must be pre-booked. This service may be shared with other 50 Degrees North clients



Wangen Apartments - 1-Bedroom Fjord View Apartment w/ Balcony

CONFIRMATION NUMBER ROOM / BED TYPE
15264 3x Double Rooms

Rooms: 3x Double Rooms

Phone: [+47 94 14 95 74](tel:+4794149574)

Check-in Date: 2 July 2026

Check-out Date: 4 July 2026

Location: Vangen 14, Aurland, Norway, 5745

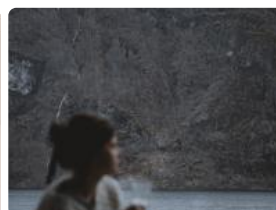
Inclusions:

- Sofa bed

Please note, Wangen Apartments have a keyless check-in and send an SMS to you with the code to the apartment. The SMS is sent on the day of your arrival.

Please ensure your phone is switched on and can receive SMS messages.

If you need to contact the property. The number is +4794149574





Fjordresort - Wangen Apartments

14 Vangen, Vestland, NO
+47 94 14 95 74

Nestled along the stunning Aurland fjord, the property in the Wangen family for generations has adapted to changing times under the ownership of the fourth-generation family, developing into the Flåmsbrygga Group. The story began amidst financial challenges, with the great-grandfather taking over a store in the grandest building, thriving by supporting the local community. The property housed various buildings along the harbour, each with a unique role in the village, from a butchery producing local sausages to village storage holding goods for the residents.



1-Bedroom Fjord View Apartment w/ Balcony

Ideal for couples and small families, the 1-bedroom apartments offer a comfortable bedroom, a cozy living room with a sofa bed, and a well-equipped kitchen. Enjoy panoramic fjord views from your private balcony, creating a serene and inviting atmosphere for your stay. Experience the perfect blend of comfort and functionality in these thoughtfully designed apartments.

Please note that rooms with particular views may not be guaranteed.



Wangen Apartments - Studio Fjord View Apartment with Balcony

CONFIRMATION NUMBER	ROOM / BED TYPE
15264	1x Single Room

Rooms: 1x Single Room

Phone: [+47 94 14 95 74](tel:+4794149574)

Check-in Date: 2 July 2026

Check-out Date: 4 July 2026

Location: Vangen 14, Aurland, Norway, 5745

Please note, Wangen Apartments have a keyless check-in and send an SMS to you with the code to the apartment. The SMS is sent on the day of your arrival.

Please ensure your phone is switched on and can receive SMS messages.

If you need to contact the property. The number is +4794149574





Fjordresort - Wangen Apartments

14 Vangen, Vestland, NO

+47 94 14 95 74

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Studio Fjord View Apartment with Balcony

Experience the perfect blend of comfort and functionality in the thoughtfully designed Studio accommodation. The studio features a well-equipped kitchen with stovetop, refrigerator, and kitchenware, along with soundproof walls for added privacy. Guests can enjoy a tea and coffee maker and a private bathroom with a walk-in shower. Enjoy panoramic fjord views from your private balcony, creating a serene and inviting atmosphere for your stay. The unit includes one bed.

Please note that rooms with particular views may not be guaranteed.

July 3 - Friday



Private Transfer

CONFIRMATION NUMBER CARRIER
Benjamin//5USA129534 Sogndal Taxi

Phone: [+47 5767 1000](tel:+4757671000)

Pick-up Date: 3 July 2026 at 09:00

Pick-up Location: Fjordresort - Wangen Apartments

Approximate Transfer Time: 5 hours and 30 minutes

Drop-off Location: Fjordresort - Wangen Apartments

Status: Confirmed

Phone: +47 458 95350 (Whatsapp)

Experience Borgund Stave Church, Stegastein Viewpoint, and the Scenic Route Aurlandsfjellet - all in one unforgettable day

Duration: 4.5 hours

What to bring: Snacks, water, entrance fee

Included: Private transfer



Floating Sauna in Aurland - Private

CONFIRMATION NUMBER PROVIDER
FQYZ30 Norway's Best AS

Phone: [+47 57631400](tel:+4757631400)

Start Date: 3 July 2026 at 16:00

Start Location: Aurland sauna

End Date: 3 July 2026 at 17:30

End Location: Aurland sauna

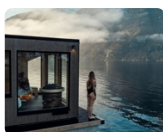
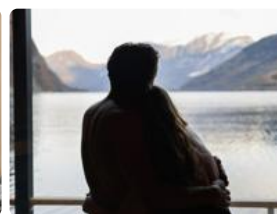
Please avoid wearing jewelry in the sauna, as it can heat up and cause discomfort or burns on your skin.

Please find your tickets attached.

Upon arrival, please present either a digital or printed copy of the barcode from your voucher. Having the barcode ready helps reduce wait times ensuring a smoother, more enjoyable experience for all.

Meeting Point: The dock below Aurlandskoen, in the center of Aurland - right by the ferry quay.

Parking in the center of Aurland and at Aurland Kjølélager.



Floating Sauna in Aurland - Private

Perched atop a floating dock connected by a short bridge, the Aurland sauna provides uninterrupted views of the Aurlandsfjord and surrounding mountains. This exclusive setting allows you to immerse yourself in nature like never before. The sauna's design blends Aurland's natural beauty and architectural traditions. It features an electric heater for maximum comfort and allows you to add fresh water for a steamy experience. Large windows provide panoramic views, immersing you in the stunning surroundings.

You will be met by our Sauna Master, who ensures that you have a good experience, and who is responsible for safety on board. Arrive in your swimwear or use our changing room on board. There are shelves and pegs for your belongings. NB! Note that the time for the sauna experience includes the time you spend in the changing room on arrival and departure.

Restrooms are available within walking distance. You may rent towels upon arrival. We encourage swimming, in Aurland, you can jump from the dock or use the ladders.

Showers are not always available. We recommend ending the session with a dip in the fjord before getting ready to leave. Duration: 1.5h

Bring with you: Swimwear, two towels (one for you to sit on, and one to dry off after the session), drinking water, bag for wet clothes

Activity style: Private

Please note the following:

Alcohol is not served on board the sauna boat. We allow guests to bring maximum 2 units of alcohol per person (below 20% alcohol). The Sauna Master has the rights to expel persons who are visibly under the influence of alcohol. Avoid drinks with strong colours.

You may bring light snacks to enjoy in the changing room.

People under the age of 18 years must be accompanied by an adult.

Maximum capacity cannot be exceeded due to safety.

The guest is responsible for damage to equipment and facilities resulting from negligence.

Swimming and use of the sauna is at your own risk.

The floating saunas do not sail. They are always docked.



FjordSauna AURLAND

13 B Odden, Vestland, NO, 5745

July 4 - Saturday



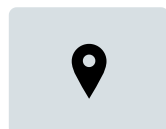
Transfer from Aurland to Flåm

CONFIRMATION NUMBER CARRIER
5USA129534 Bjorghild Flåm Bilutleie AS

Phone: [+47 91513111](tel:+4791513111)
Pick-up Date: 4 July 2026 at 07:30
Pick-up Location: Wangen Apartments Aurland
Approximate Transfer Time: 20 minutes
Drop-off Location: Flåm Railway Museum
Status: Confirmed

Please be ready at the Hotel lobby 10 minutes before departure.
 In case you need to call Flam Bilutleie AS, their emergency number is +47 915 13 111

The drop off point will be in front of the Flåm Railway Museum, conveniently situated near the train station and wharf.



Transfer from Aurland to Flåm

Transfers include one suitcase and one carry on per person. Any additional luggage must be pre-booked.
 This service may be shared with other 50 Degrees North clients



Nutshell Journey Part 2

Start Date: 4 July 2026 at 09:30
Start Location: Flåm pier
End Date: 4 July 2026 at 14:15
End Location: Bergen Railway Station

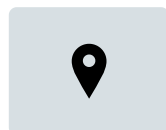


Private Transfer Bergen Station/Pier to Hotel

CONFIRMATION NUMBER CARRIER
5USA129534 Susanne Ring - Limousinservice

Phone: [+47 4812 6050](tel:+4748126050)
Pick-up Date: 4 July 2026 at 14:15
Pick-up Location: Bergen Railway Station
Approximate Transfer Time: 15 minutes
Drop-off Location: Clarion Hotel Admiral
Status: Confirmed

Your driver will be waiting for you at the arrival hall with a sign displaying your name.
 In case you need to call the transfer company "Ring Limousineservice" their Emergency number is +47 411 606 30



Private transfer Bergen station/pier to hotel

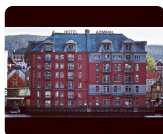
Luggage: 1 suitcase and 1 carry on per person. Please pre book any additional luggage.

Clarion Hotel Admiral - Family Room including Breakfast



CONFIRMATION NUMBER ROOM / BED TYPE
 NO037S0122226 - 229 1x Quad Room and 2x Triple Rooms

Rooms: 1x Quad Room and 2x Triple Rooms
Phone: [+47 55 23 64 00](tel:+4755236400)
Check-in Date: 4 July 2026
Check-out Date: 6 July 2026
Location: C. Sundts gate 9, Bergen, Norway, 5004



Clarion Hotel Admiral

C. Sundts gate 4-10, Bergen, Hordaland, Norge, 5004
 +47 55 23 64 00

Located in the middle of Bergen, Clarion Hotel Admiral has a fantastic view of the entrance to Vågen, the famous Bryggen, Fløyen and the fish market. The Strømkai terminal, where ferries to Stavanger and the north of the county depart, is close to the hotel, and Bergen Railway Station is five minutes away by taxi. The hotel's bistro, The Social, is located along the waterfront with views over Bryggen. In summer guests can enjoy meals on its outdoor terrace constructed over the water.



Family Room including Breakfast

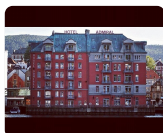
There's plenty of room for the whole family in the spacious family room! The family rooms are in the standard double room category but are larger with space for 1-2 extra beds. The room has a TV, iron and ironing board, chair, desk, kettle and minibar. The bathroom has a shower or bathtub and products from Rituals.



Clarion Hotel Admiral - Superior Double Room including Breakfast

CONFIRMATION NUMBER ROOM / BED TYPE
 NO037S0122226 - 229 1x Single Room

Rooms: 1x Single Room
Phone: [+47 55 23 64 00](tel:+4755236400)
Check-in Date: 4 July 2026
Check-out Date: 6 July 2026
Location: C. Sundts gate 9, Bergen, Norway, 5004



Clarion Hotel Admiral

C. Sundts gate 4-10, Bergen, Hordaland, Norge, 5004
 +47 55 23 64 00

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Superior Double Room including Breakfast

The superior rooms can be found on all floors. Some rooms have a view of Bryggen and Vågen while others have a view of Fløyen. The rooms have a stylish design and comfortable beds. Room amenities include a minibar, iron and ironing board, Rituals products, kettle, chair with desk and shared balcony. Flooring is either parquet or carpet.

Please note that rooms with particular views may not be guaranteed.

July 5 - Sunday



Discover Bergen - 3h Private City Tour

CONFIRMATION NUMBER PROVIDER
5USA129534 Sue Sue Lindelid - Bergen Guide

Phone: [+47 90 78 59 52](tel:+4790785952)

Start Date: 5 July 2026 at 11:00

Start Location: Clarion Hotel Admiral

End Date: 5 July 2026 at 14:00

End Location: Bergen city centre

Please make sure you are at the hotel reception on time for your tour.



Discover Bergen - 3h Private City Tour

Discover the sights of historic Bergen and enjoy a ride on the funicular to Mt. Fløyen from where you can admire the panoramic views of the town from 1050 feet above sea level.

Bergen's centre is very compact, with much to see and hear about within a very short walking distance. Stroll around Bryggen, a World Heritage Site, where you will hear of life in times gone by. Hear about life in this area from the founding of Bergen in 1070, through the Middle Ages and World War 2 to the present day. Learn about dried cod fish, Hanseatic merchants, fires, Norwegian resistance fighters and present-day life at the wharf. Pass by the lively waterside Fish Market and explore the Bergen Fortress area, where you will find Håkons Hall from 1261 and the Rosenkrantz Tower from 1560s, or wander down the old cobblestone alleyways in the heart of Bergen and see typical, quaint Bergen houses and chimney houses while hearing about life in Bergen past and present.

Then take a short ride on the funicular railway up Mt Fløyen. Enjoy great views, weather permitting, from the funicular and at the summit where you can also find a cafe and cashmere goats in summer.

Duration: 3 hours

Included: English speaking guide, entry to funicular

Activity Level: Light-Moderate

Accessible: Yes though some areas have cobblestones so be careful

Minimum Age: None

Please note that the outdoor fish market is only open mid-May - mid-September.

July 6 - Monday



Private Transfer City to Bergen Airport

CONFIRMATION NUMBER CARRIER
5USA129534 Susanne Ring - Limousineservice

Phone: [+47 4812 6050](tel:+4748126050)

Pick-up Date: 6 July 2026 at 12:30

Pick-up Location: Clarion Hotel Admiral

Approximate Transfer Time: 45 minutes

Drop-off Location: Bergen Airport

Status: Confirmed

Please be ready at the Hotel lobby in good time before departure

In case you need to call the transfer company "Ring Limousineservice" their Emergency number is +47 411 606 30



Private transfer city to Bergen Airport

Luggage: 1 suitcase and 1 carry on per person. Please pre book any additional luggage.



Departure day

Start Date: 06 July 2026

Start Location: Bergen airport

End Date: 06 July 2026

End Location: Bergen airport

Flight FI335 to Keflavik departing Bergen airport at 15:20 (Not arranged by 50 Degrees North)

Practical Summer Travel Information



General Travel Information - Summer

Our pre-departure information document has been created to help you prepare for your trip and contains general advice only. As with any travel, it is essential that you consult your doctor for health advice relating to your specific circumstances.

Travel insurance is strongly encouraged for the duration of your trip and visas are your responsibility



Weather & Time

Climate

Summer in Scandinavia and Finland is warm, bright, and full of life. Thanks to the Gulf Stream, the region enjoys milder temperatures than you might expect at such northern latitudes, especially along the Norwegian coast, where warmer air currents influence local weather patterns. Even so, you are still travelling far north, and cooler days can occur - so it's wise to be prepared for changing conditions. As the Norwegians like to remind visitors, "there is no such thing as bad weather, only bad clothing."

The season begins with spring blossoms and wildflowers, and by summer temperatures range between 15–19°C in the far north and 23–28°C in the south. Long, light-filled days are a defining part of the experience. In Helsinki, Copenhagen, and Stockholm, the sun still shines late into the evening, often until 10 pm at midsummer. In the far north, such as Utsjoki or Kirkenes, a single "day" can last for more than two months, with the sun never dipping below the horizon. Even further south, it never becomes fully dark; instead, the night softens into a few hours of magical twilight.

Time Zone

Scandinavia operates on Central European Time (CET), which is one hour ahead of Greenwich Mean Time (GMT+1). Finland and Estonia are two hours ahead of GMT (GMT+2). Like most of Europe, these countries observe daylight saving time, moving clocks forward by one hour in summer. A 24-hour clock is widely used throughout the region, so it's helpful to be familiar with it before you travel. The conversion is simple: subtract 12 from any number above 12. For example, 17:00 becomes 5pm.



Communication & Connectivity

Language

Children in Scandinavia and Finland begin learning English at around nine years of age and typically start a third language, such as German or French, by the time they are thirteen. As a result, most people speak English to a very high standard, and many are familiar with additional European languages as well. While not everyone will engage in highly technical discussions, everyday communication. Asking for directions, catching taxis, or speaking with staff in shops, restaurants and bars is straightforward. Locals are generally friendly and more than happy to practise their English with visitors.

Internet & Mobile Phones

Scandinavia and Finland have excellent telecommunications infrastructure, with dependable mobile coverage and widely available internet access. Hotels usually offer free Wi-Fi, except in more remote regions. The country codes are Norway (47), Denmark (45), Sweden (46) and Finland (358). Pre-paid GSM SIM cards can be purchased at petrol stations and similar outlets. When calling hotels or contacts in another province, remember to include the appropriate area code.

Electricity

Electricity across Scandinavia operates on 220V AC, using round two-pronged continental sockets. Hotels may have a small supply of adaptors, but it is advisable to bring your own. Many modern devices use a standard "figure-8" cable, which can be purchased locally if needed. These cables also fit iPad and iPhone chargers once the removable plug head is taken off.



Money, Shopping and Services

Currency

The monetary units in the region are the Swedish Krona (SEK), Danish Krone (DKK) and Norwegian Krone (NOK), each with its own value. These currencies are not interchangeable, although in some border towns you may be able to use surplus notes or coins at less favourable exchange rates. Finland uses the Euro. It is helpful to check the latest exchange rates before travelling, either online or through a smartphone app. Carrying a combination of cash, an ATM card and a credit card is recommended. Before you depart, check with your bank about using your cards overseas and enquire about any international banking options they may offer.

Shopping

Shops in Scandinavia and Finland generally open from 09:00 to 18:00 on weekdays, with shorter hours on Saturdays and limited Sunday trading. Corner shops often stay open later, and major cities may offer some Sunday shopping. Most large shops, restaurants and bars accept credit cards, and it is common to be asked for identification such as a passport or driver's licence when making card purchases. Markets and smaller local stores tend to prefer cash.

Alcohol

Beer and wine are usually the best-value options when dining out, as spirits can be quite expensive in bars and restaurants. Light beer is widely available in most food stores. In Sweden, Norway and Finland, stronger alcoholic beverages are sold only through government-run outlets: Systembolaget in Sweden, Vinmonopolet in Norway and Alko in Finland. These typically operate from 09:00 to 18:00. In Denmark, alcohol is available in regular food shops.

Tipping

Tipping is not generally required in Scandinavia. Exceptions include mini-coach drivers and some voyage staff. Travellers may also choose to tip their tour escort for exceptional service; a guideline of around EUR 5 per person per day can be used, though this is entirely optional. In restaurants and cafés, you may feel prompted to add a tip when paying by card, but this should not be viewed as an obligation. Locals occasionally leave a small amount, around five to ten percent, if the service was outstanding.

Laundry

Most hotels provide laundry and dry-cleaning services. If you are staying in the same place for several days, you may prefer to hand wash small personal items to reduce costs. Bringing a small supply of travel detergent and a compact clothesline can be helpful during longer stays.



Health, Safety and Practicalities

Health

Scandinavia and Finland enjoy high living standards. Tap water is safe to drink throughout the region, and strict regulations ensure that restaurants and cafés serve food that is fresh and well prepared.

Medical Care

The healthcare systems across Scandinavia and Finland are reliable and of high quality, although services in rural areas may be more limited. Australia has reciprocal healthcare agreements with Norway, Sweden and Finland, covering basic medical care. Even so, comprehensive travel insurance is essential. No vaccinations are required for travel in these countries.

Pharmacies

Pharmacies in larger cities are generally open until early evening, and some supermarkets may have a small pharmacy section. The word for pharmacy in Swedish, Norwegian and Danish is Apotek, while in Finnish it is Apteekki.

Emergency Number

The emergency number for all of Scandinavia and Finland is 112.

Safety

Scandinavia and Finland have traditionally had very low levels of petty crime and are considered safe destinations. As with any travel, basic awareness is recommended. Keep an eye on your personal belongings, avoid carrying too much cash and be discreet with valuable items such as watches, jewellery or cameras.



Transport (Driving in the Nordics)

Driving in the Nordics

You will drive on the right side of the road throughout the region. Cars are well maintained (by law), manual gearboxes is the norm, and the pace is generally civilised and respectful. Driving in snow for a large portion of the year teaches drivers patience.

Summer Clothing and Packing



Packing for Summer Trips

Regardless of the time of year, pack a light fleece as evenings can be chilly, particularly if you are by the sea. We suggest layers of clothing rather than heavy coats since the weather can vary quite a bit throughout the season. If visiting above the far northern regions above the Arctic Circle, bring that extra jumper, snow jacket and raincoat for warmth, just in case. Bring good comfortable walking shoes for touring and sightseeing, especially for all those cobbled streets! On mountain trips, we recommend that you also bring a warm hat, gloves and a scarf.



Packing List for Summer Trips

PACKING LIST FOR SUMMER TRIPS:

- Rain Jacket or an Anorak with hood – preferably waterproof and breathable material (Gore-Tex or equivalents)
- Rain trousers – waterproof and breathable material
- Jumper (wool or fleece)
- Blouse with long sleeves
- T-shirts
- Underclothes
- Socks
- Warm cap/hat (beanie)
- Gloves/mittens
- Scarf
- Sturdy footwear with good grip
- Light footwear/trainers
- Back pack for day trips (approx 30 litres)
- Toiletries
- Sun screen
- Lip salve
- Personal medication
- Sunglasses
- Water bottle (thermo)
- Travel documents (including insurance)
- Photo ID
- Notebook and pencil
- Camera, memory cards and charger
- Chargers for other gadgets
- Binoculars
- Adaptors

This list is a guide only and not a list of essentials. Clothing, toiletries etc can of course also be purchased locally with most western brands widely available.



Food in the Nordics



Meals and Dining in the Nordics

Staying well-nourished is important during your trip. Breakfast is considered the most important meal of the day in Scandinavia, and you will find that hotel breakfast buffets are generally abundant. Lunch is sometimes included in your tour, or you can purchase it at a local restaurant.

If you are staying in a remote location, dinner is usually served at the hotel's or resort's restaurant. In larger towns, you will usually have several options to choose from. Some activities and excursions include a meal or a snack.

Your room or cabin may not have a kettle, but you can ask reception if they have one you can borrow or one available in a common area. Pack some tea bags or hot chocolate if you enjoy a warm drink after being out in the fresh air.

If you know you'll be staying somewhere remote, it can be helpful to bring extra snacks (biscuits, muesli bars, chocolate, fruit, packet soup, etc.) in case you feel hungry after a day outdoors.



Traditional Nordic Cuisine

Food in Scandinavia and Finland may be a little different from what you are used to. Traditional meals are usually simple but flavourful. Potatoes and other root vegetables play an important role in the cuisine due to their ability to be stored through long winters.

Scandinavian cuisine focuses on fresh, natural ingredients found in the wild or sourced from the sea. You'll find great seafood throughout Scandinavia. In summer, outdoor markets offer local and seasonal produce. Locals enjoy berries, mushrooms, and vegetables, creating simple but tasty dishes. Rye bread is very popular and often served with everything.

Scandinavian dishes rarely rely on strong spices; flavours come from quality ingredients and straightforward cooking methods.

Hotel breakfast buffets typically include a variety of cold items such as ham, cheeses, salami, vegetables, pâté, herring, and sometimes smoked salmon. A typical Scandinavian lunch might include pea and ham soup or meatballs with mashed potatoes.



Local Specialities to Try

- Korvapuusti – Finnish cinnamon bun.
- Karjalan piirakka – Savoury rice pasty, often topped with butter or egg-butter.
- Fika – A Swedish tradition of enjoying coffee (or another drink) with pastries or sandwiches.
- Hot Dog – Denmark's classic fast food, often topped with fresh or fried onions.
- Seafood – Norway is famous for its seafood; the Bergen Fish Market is a popular stop.



Coffee and Tea Culture

In Scandinavia, a regular coffee is typically filtered coffee that has been sitting in a pot for some time, making it quite bitter - yet it is consumed in large amounts.

Tea culture is less prominent. If you request English breakfast tea, you may receive lukewarm water in a coffee cup with a tea bag on the side. Most hotels do not place kettles in rooms, but you can ask for one at reception. If you are a tea drinker, bringing your own tea bags is recommended.

Transfers in Scandinavia





Transfers in Norway

OSLO

The main airport Oslo Airport Gardermoen is located 45 km north of Oslo. The best way to get to Oslo from the main airport is by the airport express train, Flytoget. The express train departs every 10 minutes and takes 20 minutes. All trains arrive at Oslo Central Station located right in the centre. ("Oslo S"). A taxi takes up to 45 minutes and is more expensive. Oslo is also easy to reach from Sandefjord and Airport Torp, although a transfer to the city centre takes longer.

TROMSØ

Most travellers will be arriving into the small and modern airport and the distance into town is short. The cheapest transport option to the city centre is public bus from across the airport parking lot (wait at the bus stop closest to the sea for transport into town). The bus ride is about 15 minutes, and costs approx. There is also a dedicated Airport Express Bus (Flybussen) that will take you straight into the town centre, only stopping at a few hotels along the way. Taxis are also available. (Please note that taxi can cost more on Sundays).

BERGEN

Arriving by train into Bergen is a hassle-free way to begin your stay, as the central station is located east of the city centre, close to the bus station. Take note, however, that many of the streets are cobblestoned. Bergen is also the southern terminus for Hurtigruten, a passenger ship that travels along Norway's coast. The terminal is located at Nøstet, and the Hurtigruten ships are accessible for wheelchair users.

If arriving by airplane, Bergen Airport Flesland is situated 19 km south of the city. There is a frequent airport bus service (Norwegian: Flybussen), which takes about 30–40 minutes to reach the downtown area. Taxis are also available. Some local buses occasionally travel to and from the airport; they have limited space for luggage and take longer, but are an alternative option.



Transfers in Finland

HELSINKI

Helsinki Airport is located 20 kilometres north of the city centre. The most convenient way to travel into town is by the Finnair Bus, costing approximately EUR6 and accepting both cash and cards. Taxis are available for around EUR55-65. The airport railway station is served by the Ring Rail Line trains I and P and is accessible from the arrivals floor between Terminals 1 and 2. Tickets can be purchased at the airport from machines or convenience stores. A ticket for the ABC zone is required to travel between the airport and Helsinki city centre.



Transfers in Sweden

STOCKHOLM

Arlanda Airport, situated 40 kilometres north of Stockholm, is the main international airport. The fastest option into the city is the Arlanda Express Train, taking 20 minutes and costing SEK280 per person. Regional trains are cheaper, take slightly longer, and depart from Arlanda Central under Sky City. Taxis operate on a fixed price basis from the airport to central Stockholm, with fares around SEK520. The journey takes about 40 minutes. Buses also run to and from City Terminal, with 1 to 4 departures per hour on weekdays and 1 to 2 per hour on weekends, taking 35 to 45 minutes and costing SEK119 per single ticket. Sweden does not regulate taxi prices, so check the yellow label on the rear door for the maximum fare before starting your trip.



Transfers in Denmark

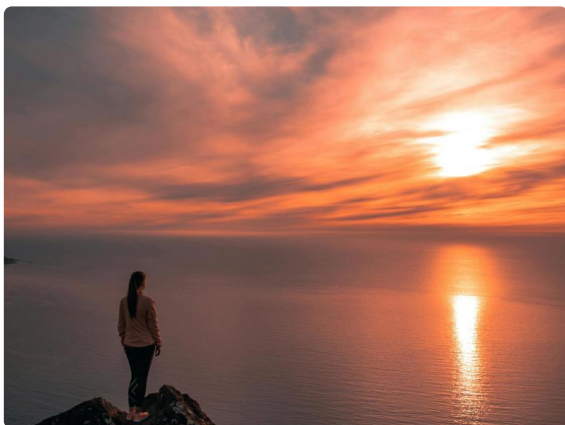
Copenhagen

Copenhagen Kastrup Airport, less than 10 kilometres from the city, is a major hub for Scandinavian Airlines. The fastest and most cost-effective transfer to the city centre is by local train, taking twelve minutes. A single ticket for three zones costs DKK36 and can be purchased from vending machines or the ticket counter in the airport atrium. The nearest stations for central hotels such as Kong Arthur or SP34 are Norreport Station. Taxis are also available and cost approximately DKK250-300 one-way.

The Midnight Sun

During the summer season above the Arctic Circle, the sun does not set for several months. This phenomenon is caused by the tilt in the Earth's axis. This axis is the imaginary line through the planet between the south and the north poles around which it rotates. As the Earth orbits the Sun, the tilt makes the North Pole face towards the Sun in summer (keeping it in sunlight even as the Earth spins) and away from it in winter (keeping it dark). Hence the continuous sunlight during the summer.

Of course, after a dark winter, the flora, the fauna and the people of this region all go a little crazy in the sunshine with a huge 24 hour a day energy burst. Fortunately, the Midnight Sun isn't as difficult to find as the Aurora Borealis lights. From early June to mid July, Northern Norway and Northern Finland bask in 24 hour sunlight. The higher you travel, the longer the opportunity to see the Midnight sun is. Svalbard for instance has the Midnight Sun for approximately 4 months. The Scandinavian capitals all enjoy long summer days - Oslo never really gets dark in summer, just a soft sunset glow during the mid summer season. Stockholm likewise has 18.5 hrs of sun in June and as with all cities who enjoy the Midnight sun, celebrates mid summer with festivals galore.



Reykjavik City Guide



Reykjavik - The City

Reykjavík, Iceland's capital, is a compact and colorful city that blends Nordic charm with a creative, modern edge. Known for its vibrant arts scene, cozy cafés, and striking coastal views, it's a gateway to Iceland's natural wonders. From the iconic Hallgrímskirkja church to the lively streets of Laugavegur, Reykjavík offers a mix of culture, history, and laid-back cool, all within easy walking distance.



Reykjavik - Getting from Reykjavik Airport to the City Centre Airport Shuttle

Flybus and Airport Direct are the most popular choices, offering frequent departures timed with flight arrivals. They take about 45 minutes and drop passengers at the BSÍ Bus Terminal or directly at hotels.

Public Bus

Strætó's bus #55 is a budget-friendly option, though less frequent and slower. It takes around 75 minutes to reach central Reykjavík and is best suited for travelers not in a rush.

Taxi

Taxis are available 24/7 outside the terminal. They're fast and convenient but come at a high cost, typically between ISK 18,000–22,000 for the 45-minute ride.



Reykjavik - Getting Around the City

Reykjavík is easy to navigate, with most of the city centre walkable and packed with sights, shops, and cafés. Public buses run by Strætó cover the city and nearby suburbs, though service can be limited at night. In warmer months, cycling and e-scooters are popular, with rental apps making them easy to access. Taxis are available but pricey, and while rideshare services like Uber aren't active, local apps can be used to book cabs.



Reykjavik - Nature and Cultural Fascinations



Hallgrímskirkja Church

1 Hallgrímstorg, Reykjavík, Reykjavíkurborg, IS
+35 45101000

Hallgrímskirkja is Reykjavík's most iconic landmark, rising 75 meters above the city and visible from nearly everywhere. Inspired by Iceland's basalt columns, it was designed by Guðjón Samúelsson and completed in 1986. The church offers one of the best panoramic views of Reykjavík from its tower. Inside, it houses Iceland's largest pipe organ, and features striking glass art and a beautifully crafted entrance.

Named after poet Hallgrímur Pétursson, it stands as a tribute to Icelandic heritage. Outside, a statue of explorer Leifur Eiríksson honors the first European to reach North America.



Harpa Concert Hall and Conference Centre

2 Austurbakki, Reykjavík, Reykjavíkurborg, IS
+35 45285050

Harpa is one of Reykjavík's most iconic landmarks and a vibrant cultural venue known for its award-winning architecture and diverse programming. Since opening in 2011, it has hosted a wide range of events including classical concerts, contemporary music, theatre, comedy, and family-friendly shows. Among its regular offerings is The Volcano Express, an immersive experience that runs every 15 minutes daily.



Sculpture Spotting

Sæbraut, Reykjavík, Reykjavíkurborg, IS
+35 45515789

Reykjavík's art scene extends beyond galleries and concert halls - it's woven into the streets. As you explore the city on foot, you'll come across striking sculptures and colorful street art, especially in the downtown area. The most iconic is the Sun Voyager (Sólfarið), a seaside sculpture near Harpa with views of Mt Esja. Other highlights include Þúfa, a grassy hill in Grandi you can walk up for views of the harbor, and works near Hallgrímskirkja and Laugardalur, home to sculpture museums like Einar Jónsson and Ásmundarsafn. Walking among these artworks is a great way to experience Reykjavík's creative spirit.



Safnahúsið (House of Collections)

The House of Collections, or Safnahúsið, is a striking cultural landmark in central Reykjavík that blends architectural beauty with artistic depth. Originally built between 1906 and 1908, this historic building now serves as an exhibition space for the National Gallery of Iceland, showcasing pivotal works from Icelandic art history. Its current exhibition, Resistance: Interplay of Art and Science, spans five levels and creatively explores themes like climate change, nature, and the cosmos through interactive displays designed to engage visitors of all ages. With its grand interiors, literary crests, and unique layout, the House of Collections is a must-visit for anyone interested in Icelandic culture, art, and history.



Skólavörðustígur Rainbow Street

101 Skólavörðustígur, Reykjavík, Reykjavíkurborg, IS

Rainbow Street (Skólavörðustígur) is a lively and colorful street in central Reykjavík, Iceland, stretching from Hallgrímskirkja Church to Laugavegur. Known for its vibrant buildings and welcoming atmosphere, it became a symbol of inclusivity after being painted in rainbow colors during the 1999 Reykjavík Pride festival - a design that has since become permanent.

The street is a cultural hotspot, lined with cafés, restaurants, and art galleries, and plays a central role in the city's LGBTQ+ celebrations. One of its most notable events is the annual Reykjavík Pride Parade, which draws over 100,000 participants in support of diversity and LGBTQ+ rights.



Whales of Iceland Museum

23 Fiskislóð, Reykjavík, Reykjavíkurborg, IS
+35 45710077

Whales of Iceland is Europe's largest whale museum, located in Reykjavík's Grandi harbour district, just a short walk from the city centre. It features 23 life-sized models of whales found in Icelandic waters, each crafted with scientific accuracy and narrated by marine experts. The museum offers interactive exhibits, including satellite tracking and the Fin Whale Theatre, and is designed to educate and inspire visitors of all ages about marine life and conservation.

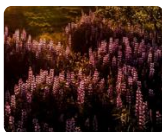
Visitors can relax at the Big Little Whale Café, enjoy fresh pastries under the gentle glow of whale models, and browse a curated gift shop featuring locally made Icelandic products. The museum also runs on 100% renewable energy and follows strict environmental policies, including recycling, eco-friendly cleaning, and advocacy against commercial whaling.



National Museum of Iceland

+35 45302200

The National Museum of Iceland, located in the heart of Reykjavík, is a vibrant cultural destination that showcases the nation's rich heritage through exhibitions, research, and educational programs. A perfect stop on a city stroll, visitors can enjoy a coffee in the cozy glass pavilion café, browse the Museum Shop for unique Icelandic design and replica artifacts, or simply soak in the campus atmosphere. The museum is open daily and features a dynamic team dedicated to preserving and sharing Iceland's history. Whether you're exploring the exhibits or relaxing with refreshments, the National Museum offers a warm welcome and a meaningful cultural experience.



Árbær Open Air Museum

+35 44116320

The Árbær Open Air Museum offers a charming glimpse into Reykjavík's past through its collection of historic buildings and immersive exhibitions. Set across village, square, and countryside sections, it recreates everyday life from the 19th and 20th centuries. In summer, staff in period dress and roaming farm animals add to the atmosphere. Visitors can explore themed exhibitions, enjoy guided tours, and use a digital map to learn about each building's story. It's a peaceful, educational escape just outside the city, perfect for families, history lovers, and curious wanderers.

Provide your feedback on BizChat



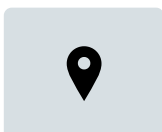
Reykjavik - Culinary Experiences



Mat Bar

+35 47883900

Located in central Reykjavík, MatBar is a vibrant restaurant blending Icelandic ingredients with global flair and Italian soul. Known for its ever-changing menu crafted by a rotating team of innovative chefs, it offers bold flavors, natural wines, and standout small plates in a cozy, stylish setting. Awarded "Best Restaurant in Reykjavík" multiple times, MatBar is praised for dishes like pork dumpling soup, burrata with spicy sauce, and sourdough with spring rolls. Whether you're after a five-course tasting menu or just a great vibe, MatBar delivers a memorable dining experience.



Skál

1 Njálsgata, Reykjavík, Reykjavíkurborg, IS

+35 45656515

Located in Iceland's first food hall, Hlemmur Mathöll, Skál is a standout gastropub serving bold small plates, natural wines, and creative cocktails featuring local ingredients like lovage and pineapple weed. Must-tries include queen scallops with redcurrant granita, arctic char with caper butter, and beautifully presented lamb. Even the veggies shine.



DEIG workshop

+3545550434

Deig, the sister spot to burger joint Le Kock, is a bold little bakery serving up house-made bagels and doughnuts until they sell out. Known for its viral crème brûlée doughnut, it also offers a standout kleina with lemon glaze and cardamom. Bagel options range from classic lox to Boston-inspired combos like egg and beer ham. Open early, full of flavour, and perfect for a quick, indulgent bite.



Dill Restaurant

59 Laugavegur, Reykjavík, Reykjavíkurborg, IS

+35 45521522

Founded in 2009, DILL offers a distinctive culinary experience rooted in Iceland's dramatic landscape and seasonal ingredients. Led by chef Gunnar Karl Gíslason, the restaurant emphasizes sustainability, foraging, and creative use of native produce. Each dish reflects the unpredictability and richness of Icelandic nature, with a deep respect for every ingredient, no matter how small, ensuring nothing goes to waste.



Wake and Bake

+35 45715887

located in Reykjavík's city center, Wake and Bake is a popular café celebrated for its wide variety of vegan pastries, including croissants, muffins, cookies, and cakes. Fresh bagels and homemade cookies are available throughout the day, attracting both locals and visitors. The café is known for its warm atmosphere, friendly staff, and standout menu item - the peanut butter and banana muffin, often recommended by regulars.



Hlemmur Foodhall

107 Laugavegur, Reykjavík, Reykjavíkurborg, IS

+35 47876200

Inspired by Europe's renowned food halls, Hlemmur Mathöll in Reykjavík brings together eight ambitious food vendors and restaurants under one roof. Open daily from 11:00 to 23:00, it's a go-to destination for food lovers, offering everything from wood-fired pizzas at Flatey and authentic Vietnamese dishes at Bánh Mi, to Italian comfort food at Osteria Emiliana and fresh pastries from Brauð & Co. With a vibrant atmosphere and diverse culinary options, it's the perfect first stop for anyone craving a taste of Reykjavík's food scene.



Icelandic Street Food

8 Lækjargata, Reykjavík, Reykjavíkurborg, IS

+35 47728663

Icelandic Street Food is Iceland's first fast food spot serving traditional homemade dishes at affordable prices. Founded by Unnar Helgi and inspired by his grandmother's recipes, it offers a warm, authentic experience with staples like fish stew, lamb and shellfish soups, Icelandic pancakes, and Happy Marriage cake.



Reykjavík Kitchen

8 Rauðarárstígur, Reykjavík, Reykjavíkurborg, IS

+35 45620020

Reykjavík Kitchen is a cosy, family-run restaurant in downtown Reykjavík, offering a relaxed atmosphere and a menu focused on fresh Icelandic ingredients. Dishes include a mix of local fish, meat, and vegan options, with seasonal starters, soups, and desserts. The restaurant is open for lunch and dinner Tuesday to Sunday, and evenings only on Mondays.

Reykjavik - Shopping



The Heart of Reykjavik

12b Laugavegur, Reykjavík, Reykjavíkurborg, IS

+35 48649822

Hjarta Reykjavíkur is a charming boutique, open daily from 11–18 (closed Sundays). It offers a curated selection of locally inspired gifts and design items, including puzzles, mugs, posters, and quirky accessories. The shop blends creativity with Reykjavík flair, making it a great stop for unique souvenirs or thoughtful company gifts.



The Handknitting Association of Iceland

19 Skólavörðustígur, Reykjavík, Reykjavíkurborg, IS

+35 45521890

Handknitted is a long-established Icelandic brand offering locally made knitwear crafted from 100% Icelandic wool since 1977. Their collection includes traditional pullovers, cardigans, and the iconic Lopapeysa, a symbol of Icelandic heritage and resilience. They also sell a range of Icelandic yarns in various weights, ideal for knitting enthusiasts.



Icewear

91 Laugavegur, Reykjavík, Reykjavíkurborg, IS
+35 45850503

Icewear is a well-known Icelandic brand offering wool clothing, souvenirs, and outdoor gear designed for the country's rugged climate. Starting as a small wool factory in North Iceland, it now operates over 30 stores across the country. Icewear specialises in traditional lopapeysa sweaters, Nordic-style knitwear, and durable outerwear made from Icelandic wool. It's a great stop if you're missing warm or weather-appropriate clothing for the rest of your trip.



MJÚK Iceland

23 Laugavegur, Reykjavík, Reykjavíkurborg, IS
+35 48320567

Mjúk Iceland is a boutique Icelandic brand offering limited-edition designer knitwear and accessories made from high-quality natural fibers like Icelandic wool, alpaca, merino, and cashmere. Their cosy beanies, scarves, mittens, and blankets are crafted with care and sustainability in mind, with many pieces designed and sewn by co-founder Anna in their Reykjavík store. With several locations in the city, Mjúk is a great stop for stylish, locally made gifts, especially if you're looking for something warm and unique to wear during your travels.



Rammagerðin

12 Skólavörðustígur, Reykjavík, Reykjavíkurborg, IS

Rammagerðin is a well-known Icelandic store offering a curated selection of local gifts, wool products, and design items. With several locations across Reykjavík and beyond, it's a great place to browse for handcrafted souvenirs, home goods, and traditional Icelandic pieces. Whether you're looking for something meaningful to take home or need warm clothing for your travels, Rammagerðin combines quality, heritage, and local craftsmanship in a welcoming retail experience.



Reykjavik - Local Treasures



Nauthólsvík Geothermal Beach

+35 45116630

Nauthólsvík Geothermal Beach in Reykjavík offers a unique blend of relaxation and adventure, featuring golden imported sand, a man-made lagoon heated with excess geothermal water, and facilities like steam baths, hot tubs, and changing rooms. Open Tuesday to Saturday, it invites visitors to enjoy warm summer swims (15°–19°C) or challenge themselves with invigorating cold-water dips (around 8°C), which are believed to offer health benefits but require caution and adherence to safety guidelines.



Kvika Footbath

Seltjarnarnes, Seltjarnarnesbær, IS
+35 45959100

Located by the seaside and fed by a nearby borehole, Kvika Hot Pool is a shallow geothermal footbath (25–30 cm deep, 80–90 cm wide) with a soothing temperature of around 39°C (102°F). It's a favorite spot for locals and visitors and an ideal spot for watching the northern lights, midnight sun, or city sunsets. Often chosen for romantic dates, it offers a peaceful escape with stunning views.



Rúblan Bókakaffi

+35 45533740

Located in Reykjavík, Rúblan Bókakaffi is a cozy bookstore-café that transforms into a lively music venue by night. With top ratings, it's praised for its vibrant atmosphere, strong drinks, and nightly live performances. A favorite among locals and tourists alike, it offers a unique blend of literature, coffee, and nightlife, all in one welcoming space.

Oslo City Guide



Oslo - The City

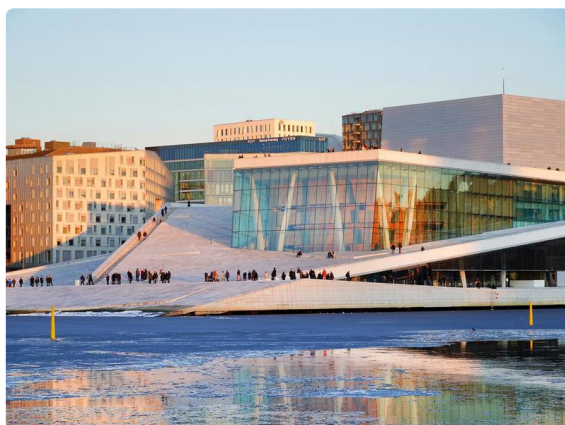
Oslo is a city where urban life and nature coexist seamlessly. Surrounded by forested hills and situated along the Oslofjord, the city offers easy access to outdoor experiences, whether it's a walk through one of its many parks, a ferry ride to nearby islands, or a hike in the surrounding woodlands.

The city centre is compact and straightforward to navigate. Oslo presents a blend of architectural styles, from historic buildings and traditional wooden houses to contemporary developments and cultural landmarks. The revitalised waterfront area, featuring the Oslo Opera House and the MUNCH museum, has become a focal point for both residents and visitors.

The overall pace of life in Oslo is calm and unhurried. Even in the busiest districts, there is a sense of space and ease. Cafés and public spaces are lively yet relaxed, reflecting the city's balanced approach to work, leisure, and community life.

Whether visiting for its cultural institutions, natural surroundings, or modern Scandinavian lifestyle, Oslo offers a welcoming and well-rounded city experience.

We highly recommend the Oslo Pass while visiting the city. It gives you free entry to more than 30 museums and attractions, free travel on all public transport within zone four, free parking in all Oslo municipal car parks, free entry to outdoor swimming pools, free guided walking tours, discounts etc. The Oslo Pass lets you devote your entire trip to activities without the hassle of booking and buying.



Oslo - Getting from Oslo Airport to the City Centre

There are several convenient ways to travel from Oslo Airport (OSL) to central Oslo, depending on your budget, schedule, and preferences. The airport is located approximately 50 kilometres north of the city and is well connected by public transport and road.

Flytoget (Airport Express Train)

Flytoget is the fastest option, taking approximately 19 minutes to reach Oslo Central Station (Oslo S). Trains depart every 10 minutes throughout the day. The station is directly beneath the terminal and tickets can be purchased via the Flytoget app, at ticket machines, or by tapping a contactless card at the gate. This method is best for speed and convenience.

Vy Regional Trains

Vy trains offer a more budget-friendly alternative, with a journey time of about 23 minutes to Oslo S. It is located in the same station as Flytoget, usually on a neighbouring platform. Tickets are available via the Vy app, website, or ticket machines. Prices range from approximately 100–150 NOK for adults. Best for: Cost-effective travel with similar convenience.

Bus

Flybussen operates several routes between Oslo Airport and various parts of the city. Travel time is around 45m-1h, depending on traffic and route. The bus stops are located outside the terminal and can be easily found and tracked on displayed screens in the arrival area. We recommend purchasing the tickets from the Vy app as prices are typically cheaper and this is the preferred method by bus drivers. This option is best for travellers heading to areas not directly served by train.

Taxi

Taxis are available outside the arrivals hall and offer door-to-door service. Travel time is around 35–50 minutes, depending on traffic, if you are heading straight to the city centre. Fares typically range from 700 to 1,300 NOK. Fixed fares are often available, ask the driver or pre-book to confirm. This is ideal for late-night arrivals, travellers with heavy luggage, or those seeking direct transport to their accommodation.

Oslo - Getting Around the City

Oslo has a well-connected public transport system that makes exploring the city easy. You'll find trams, buses, and an underground metro (T-bane), all operated by Ruter. Download the **Ruter** app to plan your journey, buy tickets, and check real-time schedules. Taxis are available too, but they can be quite expensive. Public transport is usually the better option for getting around efficiently and affordably.



Oslo - Nature and Cultural Fascinations



Vigeland Sculpture Park

32 Nobels gate, Oslo, NO

+47 23 49 37 00

Vigeland Sculpture Park, located within Frogner Park in Oslo, Norway, is the world's largest sculpture installation created by a single artist. It features more than 200 sculptures by Gustav Vigeland (1869–1943), crafted in bronze, granite, and cast iron. The park is not only a major cultural landmark but also a deeply personal artistic expression, as Vigeland designed the layout and architectural elements himself.

Among the most iconic works are:

The Angry Boy (Sinnataggen): A small bronze statue of a furious toddler, beloved by visitors and often photographed. Its expressive realism captures a fleeting moment of childhood emotion.

The Monolith (Monolitten) – A towering granite column over 14 meters high, carved from a single stone and depicting 121 intertwined human figures. It symbolizes the cycle of life and humanity's striving for spiritual transcendence.

The Wheel of Life (Livshjulet) – A circular sculpture representing the eternal journey of life, with figures arranged in a dynamic, flowing composition that evokes birth, growth, and renewal.



Munch Museum

1 Edvard Munchs Plass, Oslo, NO
+47 23 49 35 00

The MUNCH Museum in Oslo is the world's leading destination for experiencing the life and art of Edvard Munch. When Munch passed away, he left all his remaining works to the city of Oslo, a gift that included thousands of paintings, prints, and personal items. In response, Oslo's city council decided in 2008 to build a new museum to house this extraordinary collection. Following an international architectural competition, Spanish architect Juan Herreros' design, known as Lambda, was selected in 2009.

More than a decade later, the museum opened its doors in a striking 60-metre-tall tower on Oslo's waterfront. Its vertical design contrasts with the nearby Oslo Opera House and features recycled, perforated aluminium cladding and a distinctive leaning top section, making it a bold new landmark in the city's skyline.



Holmekollen Ski Museum

The Ski Museum at Holmenkollen is housed within one of the world's most advanced ski jumping facilities and offers a panoramic view over Oslo. Inside, visitors can explore over a century of Norwegian skiing history, from ancient ski traditions dating back 5000 years to modern winter sports and polar expeditions. The museum's facade, inspired by vintage wooden skis, was designed by renowned architecture firm Snøhetta and reflects Norway's deep connection to outdoor life.

A visit also includes access to the jump tower, where you can experience the thrill of ski jumping from above and enjoy sweeping views of the city and surrounding fjord.



Oslo Opera House

1 Nylandsveien, Oslo, Oslo, NO
+47 21 42 21 21

The Oslo Opera House is one of the city's most iconic landmarks, known for its striking angular design that appears to rise from the waters of the Oslo Fjord. Designed by the architecture firm Snøhetta, the building was created to be a public space as much as a performance venue. Its sloping marble roof is open to everyone, you don't need a ticket to enjoy it, and it's a popular spot for walking, relaxing, and taking in views of the city and fjord.

Inside, the Opera House features three performance halls, including the Main Stage, which was designed with acoustics in mind and resembles a giant wooden instrument. Visitors can also catch glimpses of the behind-the-scenes work through large glass windows that reveal workshops and studios. The building uses a mix of Carrara marble, oak, aluminium, and glass, and includes integrated artworks throughout, as well as the floating sculpture *She Lies* in the harbour just outside.

Even if you don't go inside, the area around the Opera House is worth exploring for its architecture, atmosphere, and waterfront views.



The Royal Palace

1 Slottsplassen, Oslo, NO
+47 22 04 87 00

The Royal Palace in Oslo stands at the end of Karl Johans gate, elevated on a hill known as Bellevue. It's one of Norway's most significant buildings, symbolizing the country's modern history and serving as the official residence of the King and Queen. The palace is where the daily work of the monarchy takes place, including state meetings, official dinners, and royal audiences.

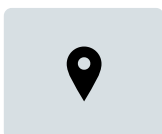
Owned by the state and used by the head of state, the palace is also open to the public during the summer months for guided tours. Even if you don't go inside, the surrounding Palace Park is a peaceful and scenic area to explore, with tree-lined paths, statues, and open lawns that make it a popular spot for walking and relaxing in the heart of Oslo.



Akerhus Fortress

15 Akershusstranda, Oslo, NO

Akershus Fortress is a historic landmark in central Oslo, originally built in the late 13th century as a royal residence and military stronghold. Over the centuries, it was expanded into a Renaissance castle and played key roles in Norway's defense and royal history. Today, it's open to the public, offering guided tours, museums, and scenic views of the Oslofjord. The grounds are popular for walks, cultural events, and seasonal celebrations.



Nobel Peace Center

1 Brynjulf Bulls plass, Oslo, NO

+47 48 30 10 00

The Nobel Peace Center in Oslo is a unique museum dedicated to the Nobel Peace Prize, its founder Alfred Nobel, and the inspiring stories of laureates who have worked toward peace and human rights. Located near City Hall, the museum features interactive exhibitions, digital installations, and powerful displays like A Message to Humanity and The Nobel Field. It's a thought-provoking space that blends history, art, and activism, offering free entry with the Oslo Pass.



Oslo Botanic Garden

1 Sars' gate, Oslo, NO

+47 22851630

Nestled in the heart of Tøyen, the Botanical Garden offers a lush and tranquil escape with a rich diversity of plant life. Much of the garden is arranged as an Arboretum, showcasing around 1,800 different species of trees and shrubs, thoughtfully planted according to their botanical families. This systematic layout makes it both a beautiful and educational experience for visitors.

One of the highlights is the Scent Garden, designed to be inclusive and sensory-rich, especially catering to individuals who are blind, mentally disabled, or wheelchair users. It invites all guests to engage with nature through touch and smell.

Scattered throughout the grounds, you'll also encounter striking woven sculptures by British artist Tom Hare, adding an artistic dimension to the natural surroundings. The historic Palm House (1868) and Victoria House (1876) greenhouses are home to exotic plants from across the globe, offering a glimpse into tropical and subtropical ecosystems.

While the garden is at its most vibrant and colorful during the summer months, it retains a quiet charm in winter, with peaceful paths, evergreen plants, and the architectural beauty of the greenhouses providing year-round interest.



Oslo - Culinary Experiences

Oslo's culinary scene is a dynamic blend of tradition and innovation, rooted in seasonal, locally sourced ingredients. Norwegian cuisine is celebrated for its simplicity and purity, often featuring seafood, wild game, and foraged elements. Alongside classic dishes, modern chefs are reinterpreting heritage recipes to suit contemporary tastes, making Oslo a vibrant destination for food lovers.



Engebret Café

Engebret Café, founded in 1857 in Oslo, is a historic restaurant known for its close ties to Norway's cultural scene. Located near major theaters, it has long been a favorite spot for artists and performers like Ibsen, Bjørnson, Grieg, and Munch. The café offers classic Norwegian cuisine made from seasonal local ingredients and continues to be a vibrant meeting place for both historical and contemporary cultural figures.

With its charming, museum-like interiors and rich heritage, Engebret Café remains a beloved destination for guests seeking traditional food in a setting steeped in history. Its legacy as a gathering place for creatives lives on, making it a unique blend of culture, cuisine, and tradition.



Ekeberg Restaurant

15 Kongsveien, Oslo, NO
+47 23 24 23 00

Ekebergrestauranten is a striking hillside restaurant overlooking Oslo, with sweeping views of the fjord, city skyline, and surrounding islands. Housed in a protected functionalist building from 1929, it offers a variety of elegant spaces, from fine dining verandas to lounges and event rooms - designed to blend classic architecture with modern comfort. The menu highlights refined Norwegian cuisine with seasonal ingredients, featuring dishes like venison tartar, pan-fried halibut, chanterelle risotto, and a daily three-course menu, all crafted with a focus on quality and a touch of creativity.



The Salmon

11 Strandpromenaden, Oslo, NO
+47 41 54 80 80

The Salmon is a culinary and cultural destination in Oslo that showcases the richness of Norwegian seafood traditions with a modern flair. The menu features a wide variety of salmon-based dishes, from classic smoked preparations to sushi, sashimi, and innovative creations like salmon tartare with yuzu vinaigrette or waffles topped with cold-smoked salmon and roe. Guests can enjoy everything from hearty fish & chips and creamy salmon soup to elegant seafood platters and sushi sets, all crafted with fresh, high-quality ingredients. Alongside dining, The Salmon also offers a gift shop with unique items made from real salmon skin, making it a memorable experience for both food lovers and curious visitors.



Savage

2 Nedre Slottsgate, Oslo, NO
+47 90 48 84 40

Restaurant Savage is a high-end dining experience in Oslo, inspired by the diverse culinary journey of Executive Chef Andrea Selvaggini. Drawing from his roots near Rome and experience in top kitchens across Europe and beyond, the restaurant blends refined technique with wild, natural ingredients sourced from Norway's forests and cold seas. With a strong focus on sustainability and minimal waste, Savage offers a creative and immersive tasting menu in an intimate setting, ideal for adventurous diners seeking something truly special. Note: due to the complexity of the menu, dietary accommodations are limited.



Theatercaféen

24/26 Stortingsgata, Oslo, NO
+ 47 22 82 40 50

Located in the historic Hotel Continental, Theatercaféen offers a refined dining experience blending classic elegance with contemporary cuisine. Head Chefs Claes Skog and Eric Addison Doepke lead the kitchen, crafting seasonal menus that highlight the best autumn produce.

Lunch: Monday–Saturday, 11:00am–4:00pm

Dinner: Daily, 4:00pm–11:00pm

Established in 1900, Theatercaféen has been family-owned since 1909. After a mid-century modernization, the café was lovingly restored to its original Art Nouveau style in 1971 by third-generation owner Ellen Brochmann. Today, it remains under the stewardship of Elisabeth Brochmann, the fourth generation.

The venue also features a chambre séparée and a bar, added in 2010, enhancing its timeless appeal.



Oslo Street Food

16 Torggata, Oslo, NO
+47 904 15 094

Oslo Street Food offers 1,800 square metres of global street food in the heart of Oslo, with space for up to 900 guests at a time. Enjoy breakfast, lunch, or dinner from 16 restaurants and 4 bars, all housed in a beautiful historic building that once served as Oslo's first public bath, built in 1925.

Located in the former Torggata Bad, Oslo Street Food is a vibrant food hall and social hub offering global street food, live DJs, and a welcoming atmosphere. With 13 unique food stalls, you'll find everything from pho and tacos to gyros, smashburgers, and vegan, vegetarian, and gluten-free options.

Focused on sustainability and inclusion, the venue uses local ingredients, recyclable materials, and supports a diverse community of chefs and entrepreneurs. Open daily with 600+ seats, it's perfect for casual meals, after-work hangouts, or weekend celebrations.



Gioia AS

41 Eckersbergs gate, Oslo, NO
(+47) 45 28 9118

The ice cream shop and crêperie Gioia (Italian for 'joy') is located in the street Eckersbergs gate in Frogner. It's run by Frenchman Pierre Espic and his wife Higinia d'Agrossi-Espic. Pierre makes all the ice cream himself, and proudly presents his newest creations to anyone who asks. This is the place to try Oslo's best crêpes, both sweet and savoury. You can have your ice cream or crêpe inside, outside, or as take-away if you prefer that.



Lofoten Fish Restaurant

75 Stranden, Oslo, NO
+47 22 83 08 08

Lofoten Fish Restaurant offers an elegant yet inviting atmosphere, combining refined maritime cuisine with a relaxed, cosy setting. Situated in a prime waterfront location, it's an ideal choice for those seeking a sophisticated dining experience. Be mindful, however, that this is a luxurious option, so it's worth checking the menu prices beforehand.



Statholdergaarden

11 Rådhusgata, Oslo, NO
+4722418800

Located in a charming 17th-century building in Oslo's historic centre, Statholdergaarden is one of the city's top gourmet restaurants. Renowned chef Bent Stiansen, winner of the prestigious Bocuse d'Or in 1993, leads the kitchen, offering à la carte options or a six-course daily menu crafted from high-quality seasonal Norwegian ingredients with a European influence. Statholdergaarden boasts one Michelin star for its exceptional cuisine and attentive service. For private events, a chambre séparée accommodates 8–24 guests. For a more casual option, the basement houses Statholderens Krostue, offering a relaxed setting for lunch and dinner.

Oslo - Shopping



Karl Johan Street

Karl Johans gate (street) is Oslo's most iconic shopping street, stretching from the Royal Palace to the Central Station. It's lined with a mix of high-end boutiques and popular chain stores, making it a go-to destination for everything from fashion to lifestyle. The area has seen a wave of stylish new shops in recent years, and nearby streets like Øvre Slottsgate and Paleet offer cosy shopping experiences with cafés and restaurants perfect for a break.

Egertorget is a lively square at the heart of the street, and just a short walk away you'll find H&M Home with its in-store flower shop and tailor service, as well as Weekday and Monki, which share a space and offer a wide selection. Steen & Strøm, a nearby department store, features a broad range of brands under one roof. For a quieter, more charming experience, you can stroll through Slottsparken to Frogner, where small boutiques and cafés like Oslo Raw add a Parisian touch to the shopping vibe.



Pur Norsk

36 Industrigata, Oslo, NO

Pur Norsk is a curated store that showcases products by Norwegian designers, tailored for Scandinavian-style living. While a Norwegian-designed armchair might not fit in your carry-on, the shop offers a wide range of stylish and compact décor pieces. Look out for eye-catching candleholders from Ildhane, cosy traditional blankets by Røros Tweed, and the ever-popular Heymat doormats - favorites in countless Scandinavian entryways.



Oslo Sweater Shop

15 Akershusstranda, Oslo, NO

+47 22 11 29 22

Oslo Sweater Shop AS has been a beloved fixture in Oslo since 1975, earning its reputation as one of the city's most recognized and trusted retailers. Known for its friendly customer service and fair prices, the shop offers a warm welcome to visitors seeking authentic Norwegian craftsmanship. One of its standout features is its impressive selection of traditional Norwegian knitwear, an iconic part of Nordic culture. These timeless designs, often inspired by nature and folklore, reflect a deep heritage of textile artistry that has been passed down through generations. Whether you're looking for a classic patterned sweater or a cozy wool accessory, Oslo Sweater Shop is the perfect place to discover the enduring charm of Norwegian knitting traditions.



Glasmagasinet

9 Stortorvet, Oslo, NO

+47 23 08 08 10

Glasmagasinet is a historic department store located at Stortorvet, right in the heart of Oslo. Established in 1889, it's one of the city's oldest and most iconic shopping destinations. Today, it houses a diverse mix of retailers offering everything from fashion and home décor to electronics, beauty, and wellness products. You'll also find places to relax and recharge, with cafés and eateries serving coffee, snacks, and light meals.

Whether you're browsing for stylish furniture, updating your wardrobe, picking up tech essentials, or treating yourself to a haircut or a bite to eat, Glasmagasinet offers a little bit of everything under one roof.



Oslo - Local Treasures

Beyond its iconic landmarks and museums, Oslo is full of vibrant neighbourhoods, hidden gems, and cultural pockets that offer a deeper look into local life. From trendy districts and riverside walks to artisan markets and indie boutiques, these spots showcase the city's creative spirit and everyday charm.



Grünerløkka

Grünerløkka is one of Oslo's trendiest neighbourhoods, celebrated for its vibrant street art, stylish bars, lively dance clubs, and laid-back cafés. It lies on the east side of the Akerselva River, which runs through Oslo from north to south. Along the river, you'll find scenic walking trails, parklands, and remnants of the city's industrial past. Grünerløkka is also a popular shopping district, with indie boutiques offering unique design pieces, vintage fashion, and second-hand treasures.

Weekend markets in local squares attract crowds with artisan food, kitchenware and jewellery. It's a great place to enjoy urban outdoor activities - walk or cycle along the river, play football, or picnic in one of the parks. Indoors, there's plenty to do too, like visiting the indoor playground Eventyrfabrikken or testing your climbing skills at Vulkan climbing centre. The area is also home to cool industrial-style concert venues and small, offbeat parks that add to its creative charm.



Bygdøy

Bygdøy peninsula is the home of many of the famous museums (as mentioned in our 'Nature and Cultural Fascinations' section). However, it is also a lovely spot for picnics, riding, swimming and walking. You can get there by boat or bus and after the museums; head to the park (just ask a local for directions). The area follows a circular path and you will meet many Norwegians exercising and enjoying the peacefulness of the area. Be sure to buy some strawberries and waffles if any are for sale. You can swim along the way and during a hot summer's afternoon, the place is packed with people having BBQs on little portable hotplates.



Aker Brygge

Part of the Sentrum area, Aker Brygge is one of Oslo's liveliest waterfront spots, especially in summer when young people gather to enjoy the sun, swim with friends, and soak up the Nordic vibes. Known for its bustling pier, the area offers everything from upscale Nordic and French cuisine to casual bites like burgers and steak at eateries with outdoor seating. A popular summer boat bar is moored nearby, and ferries depart year-round for scenic trips across the Oslo Fjord. Just steps away is a small shopping district with a mix of boutiques and local stores, adding to the area's diverse appeal. Cultural highlights include the Nobel Peace Center and the striking Astrup Fearnley Museum of Modern Art. With a tram stop close by, Aker Brygge is easy to reach and packed with things to do -whether you're after food, culture, shopping, or just a great place to hang out.



Sørenga Seawater Pool

+47 23482030

Sørenga Sjøbad (seawater pool) is another popular summer hangout in Oslo, located in one of the city's newest waterfront neighbourhoods. This urban dock features designated swimming areas, sunbathing spots, and a large seawater fjord pool. The facilities include a beach, a children's pool, and a spacious recreational area that draws big crowds on sunny days. Sørenga is part of Oslo's Harbour Promenade and offers cafés, restaurants, and great outdoor spaces. The pool is open to the public all year round, with cold-water swimming and sauna activities popular in winter. This area is very close from the Opera House (a 5-10m walk), making it easy to get to.

Bergen City Guide



Bergen - The City

Bergen, nestled between the Hardangerfjord and Sognefjord on Norway's west coast, offers a unique blend of nature, culture, and vibrant city life. As a UNESCO World Heritage City and City of Gastronomy, it's a gateway to spectacular fjord adventures - cruising, hiking, skiing, and more. Rich in history, Bergen's Bryggen wharf reflects its Hanseatic past, while its thriving cultural scene includes world-class music, museums, and festivals. Easily accessible by air or train, the city features diverse accommodations and renowned seafood. With the Bergen Card, visitors enjoy free transport and discounts across attractions, making it an ideal year-round destination.



Bergen - Getting from Bergen Airport to the City Centre

Bus

The Airport Bus (Flybussen) runs frequently between Bergen Airport Flesland and the city centre, with several stops along the way. The journey takes about 20–30 minutes, and tickets can be purchased online or onboard.

Train (Light Rail)

The Bergen Light Rail (Bybanen) offers a scenic and affordable ride from the airport to the city centre in around 45 minutes. It's a convenient option with frequent departures and stops near major hotels and attractions.

Taxi

Taxis are available outside the arrivals terminal and take around 20–30 minutes to reach the city centre. While more expensive than public transport, they're ideal for direct travel or if you have heavy luggage.



Bergen - Getting Around the City

Bergen's compact city centre makes it perfect for exploring on foot - most attractions, shops, and restaurants are within easy walking distance. For longer trips, the bus network offers extensive coverage across the city and surrounding areas, with free travel included in the Bergen Card. The Bergen Light Rail (Bybanen) is a scenic and affordable way to reach key districts, including the airport. Taxis are also available and convenient for direct travel, though they're more expensive than public transport.



Bergen - Nature and Cultural Fascinations



Bryggen Wharf

5003 Bryggen, Vestland, NO

Bryggen is one of Bergen's most famous landmarks and a UNESCO World Heritage Site since 1979. Once a key trading post in the Hanseatic League, it now houses charming restaurants, artisan workshops, boutiques, and museums. With 62 preserved wooden buildings, Bryggen offers a unique glimpse into medieval Bergen and remains a vibrant part of the city's cultural life.



Håkonshallen

10 Bergenhus, Vestland, NO
+47 55308036

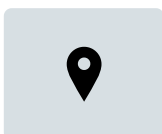
Håkonshallen is a medieval stone hall in Bergen, built by King Håkon Håkonsson in the 13th century as a royal banquet venue. Once the site of coronations and royal weddings, it now serves as a museum and venue for official events and concerts. Located within Bergenhus Fortress, visitors can explore the grounds with guided maps and interactive quizzes available at the reception.



Fløibanen Funicular

23A Vetrldsallmenningen, Vestland, NO
+47 55 33 68 00

For panoramic views of Bergen and its surrounding fjords, take the Fløibanen Funicular to the top of Mount Fløyen, just minutes from the city centre. At the summit, you'll find scenic hiking trails, forest playgrounds, picnic spots, and breathtaking views of Bergen and its seven mountains. It's a year-round destination, ideal for both relaxed sightseeing and outdoor adventures.



Rosenkrantz Tower

4 Bergenhus, Vestland, NO
+47 55308038

Rosenkrantz Tower in Bergen is a historic fortress landmark that offers a journey through centuries of Norwegian history. Originally built in the 13th century as King Magnus Lagabøte's residence, it later became a symbol of Danish rule during the 1500s. Visitors can explore royal chambers, a chapel, dungeons, and climb narrow staircases to the cannon loft and rooftop watchwalk, which still offers one of the best views of the city. Today, the tower serves as a museum with interactive activities for children and is part of the Bergenhus Fortress experience.



Sognefjord

Sognefjordvegen, Vestland, NO

Bergen is known as the "Gateway to the Fjords," and one of the most spectacular fjords to explore is the Sognefjord, Norway's longest and deepest fjord. Stretching over 200 kilometers inland, it offers dramatic landscapes of towering cliffs, waterfalls, and serene waters. Whether you're seeking adventure or tranquility, the Sognefjord delivers unforgettable natural beauty.



Bergenhus Fortress

Rosenkrantz Tower is a 13th-century fortress in Bergen that reflects Norway's medieval power and later Danish rule. Originally built as a royal residence, it was expanded in the 1500s into a fortified stronghold. Inside, you'll find preserved royal chambers, a chapel, dungeons, and a cannon loft. The rooftop watchwalk offers one of the best views of the city. Today, the tower serves as a museum and part of the Bergenhus Fortress, with walking paths, historical displays, and family-friendly activities.

Bergen - Culinary Experiences

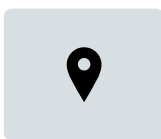


Bergen Fish Market

5 Torget, Vestland, NO
+47 55 55 20 00

Bergen Fish Market is one of Norway's most iconic outdoor markets, located in the heart of the city between the fjords and surrounding mountains. Operating since the 1200s, it has long been a hub for trade between fishermen, farmers, and locals. Today, it offers fresh seafood, fruit, vegetables, and a variety of dining options. The indoor market (Mathallen) is open year-round, while the outdoor market runs from May through summer, with core hours from 10:00 to 18:00. Opening hours for the entire site are daily from 09:00 to 21:30, though vendors may vary.

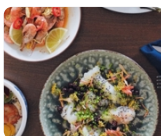




The Dining Hook (Spisekroken)

8 Klostergaten, Vestland, NO
+47 55230115

Spisekroken is a cosy, informal restaurant tucked into the historic streets of Nordnes, Bergen, serving seasonal dishes with a focus on local ingredients. Known for its generous portions and creative use of veal and wild-caught fish, the menu also features Norwegian cheeses and spring specialties like goat. In addition to its original location, Spisekroken has a second restaurant in Straume, Sotra, offering lunch, traditional dishes, and summer outdoor dining.



Lola

5 Neumanns gate, Vestland, NO
+47 55107000

Lola is a modern bistro located in a charming 1800s building at Klosteret in Bergen. It offers a relaxed setting for everything from a casual drink to a full evening out. The menu changes with the seasons, highlighting fresh ingredients, often sourced locally, and features flavourful dishes inspired by global cuisine, with options for meat, fish, and vegetables. The wine list blends classic and modern selections from around the world, focusing on quality at reasonable prices.



Basso Social

53 Strandgaten, Vestland, NO
+47 75803212

Basso Social offers a unique Italian-inspired social dining experience in Bergen and Oslo, featuring seasonal tasting menus of 10 or 13 courses. Each menu blends Italian culinary traditions with Nordic ingredients, creating a fresh and innovative twist. Meals are shared across the table and must be ordered by the whole group. On Sundays, Basso hosts a special tasting event with surprise dishes crafted by their chefs. Both locations also offer banqueting facilities and are open daily for dinner.



Damsgårdstuene

120 Damsgårdsveien, Vestland, NO
+47 55946040

Basso Social offers a seasonal tasting experience inspired by Italian cuisine with a Nordic twist. Guests can choose between 10- or 13-course social dining menus, designed to be shared across the table and featuring a variety of snacks, starters, mains, and desserts. The menu highlights fresh, local ingredients and creative flavour combinations. On Sundays, Basso hosts a special tasting event with unique, chef-curated dishes. The à la carte menu includes starters like Skagen salad and garlic-marinated scampi, mains such as beef tenderloin, fallow deer, wild-caught fish, and a vegetarian nut roast, plus classic desserts like apple crumble and caramel pudding. Vegan options and traditional Norwegian dishes like raspeballer are also available.

Provide your feedback on BizChat



Lysverket

9 Rasmus Meyers allé, Vestland, NO
+47 55603100

Lysverket, led by chef Christopher Haatuft, is a Michelin-starred restaurant in Bergen known for pioneering Neo-Fjordic cuisine, a modern take on Nordic food with a strong focus on local seafood, dry-aged meats, and seasonal vegetables. The restaurant offers a single 10-course tasting menu and a curated wine list featuring sustainably sourced selections. Haatuft also co-founded MatTak, an urban farming initiative that grows produce on city rooftops to combat climate challenges and supply local ingredients.

Bergen - Shopping





Susan Fosse

2B Bellgården, Vestland, NO
+47 48101095

Susan Fosse is a Bergen-based knitwear brand inspired by Norwegian heritage, offering timeless sweaters and accessories made from 100% wool and cotton. Each piece is crafted locally, blending traditional patterns with lasting quality. Their collections span women's, men's, and children's wear, along with accessories and knitting patterns. Signature items like the Bryggen and Voss sweaters reflect both style and function, ideal for active days or cozy moments. Visit their charming shop in Bryggen, Bergen, open daily from 10:00 to 17:30, and take home a piece of Norway.



Fjällräven Brand Store

21 Strandgaten, Vestland, NO
+47 47618557

Fjällräven is a trusted name for high-quality outdoor gear designed to last for years, making it a go-to brand for nature lovers. Rooted in a deep passion for outdoor life, Fjällräven combines functionality with a strong commitment to environmental responsibility across all aspects of its operations. Visit their store in Bergen and browse their outdoor wear for your current or next trip.



Audhild Viken

5003 Bellgården, Vestland, NO
+47 55215489

Audhild Viken celebrates and preserves Norway's rich heritage of traditional arts and crafts. With roots in centuries-old practices, Norwegian artisans have long worked with natural materials like wood, wool, and stone to create both functional and decorative items. In Audhild Viken's shops, you'll find handcrafted wooden pieces, gifts inspired by historic Norwegian designs, and a wide selection of jewelry from renowned local brands, all reflecting the timeless beauty of Norwegian craftsmanship.



Strikkelykke AS

76 Strandgaten, Vestland, NO
+47 90937292

Strikkelykke AS is the largest yarn store in central Bergen, nestled along one of the city's charming pedestrian streets. Known for its warm and welcoming atmosphere, the shop is a haven for knitting enthusiasts of all levels. The passionate team is always ready to help you find the perfect yarn or pattern, no matter how big or small your project is. With a deep love for yarn and an even greater love for knitting, Strikkelykke is a go-to destination for creativity, inspiration, and expert advice.

Bergen - Local Treasures



Stoltzekleiven Stairs

Stoltzekleiven, Vestland, NO

Stoltzekleiven is a challenging yet rewarding hike in Bergen, featuring around 850 - 900 steep, uneven stone steps over a short 850-meter trail. Known for its intense cardio workout, the climb is steep from the start but offers breathtaking panoramic views at the top, making the effort well worth it. Many hikers continue on to Mount Fløyen for a more relaxed walk or take the funicular back down to the city. It's a favorite among locals and visitors alike, even on cloudy days. Expect to spend 1–2 hours on this out-and-back route, depending on your fitness level.



Gamlehaugen

10 Gamlehaugvegen, Vestland, NO
+47 41482941

Gamlehaugen is a picturesque royal residence in Bergen, known for its elegant castle architecture and beautifully maintained gardens. While guided tours of the stylish, understated interior are only available in Norwegian, the expansive grounds are open to all and perfect for picnics, sunbathing, swimming, or leisurely walks. Visitors often describe it as one of the most beautiful spots in the city, with breathtaking views and a peaceful atmosphere. Easily accessible by public transport, it's a popular weekend destination for locals and tourists alike.



Nygårdsparken

Bergenvegen, Telemark, NO

Nygårdsparken is a peaceful and beautifully landscaped park in the heart of Bergen, perfect for a relaxing walk or a family outing. With its rolling hills, fountains, statues, playgrounds, and even barbecue areas, it offers something for everyone. Visitors love its variety of plants, quiet atmosphere, and scenic views, making it an ideal spot for picnics, sunbathing, or simply enjoying nature. The park is well-maintained and easily accessible, providing a green oasis in the city.